



**SARAH S. ANKER**  
Suffolk County Legislator, Sixth District



## FOR IMMEDIATE RELEASE

**INFORMATION RELEASE:**  
September 19, 2016

Contact: Theresa Santoro  
Office: 631-854-1600  
Email: [Theresa.Santoro@suffolkcountyny.gov](mailto:Theresa.Santoro@suffolkcountyny.gov)

### Legislator Anker to Host Free Senior Health and Wellness Expo



**MOUNT SINAI, NY** – On Friday, September 23<sup>rd</sup>, Suffolk County Legislator Sarah Anker will host a free Senior Health and Wellness Expo from 10am to 12pm at the Rose Caracappa Center in Mount Sinai (739 Route 25A). The event is hosted in conjunction with Suffolk County Executive Steve Bellone and the Stony Brook Trauma Center. Attendees will be offered free balance screenings and free flu vaccines, as well as be provided information about balance programs, falls prevention, Suffolk County senior advocates, emergency preparedness, and home safety. Suffolk County Police Officers will also be conducting Operation Medicine Cabinet, where residents can drop-off unwanted or expired medications, and the Sheriff's office will be providing free emergency identification cards. This is a great opportunity for senior residents to learn more about the different resources available to them in Suffolk County. For more information, please call Legislator Anker's office at 631-854-1600.

-###-