

NEWS FROM Legislator

Lou D'Amaro



SUFFOLK COUNTY LEGISLATURE
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COMMITTEES:

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MEMBER – Human Services

For Immediate Release

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For the New Year: Learn to be... Tobacco Free Free Smoking Cessation Classes Set to Begin Locally and Across Suffolk County

(HUNTINGTON STATION, NY... December 28, 2015) – Suffolk Legislator Lou D'Amaro (D-Huntington Station), Suffolk County Executive Steve Bellone and Health Commissioner James Tomarken, MD, encourage residents who resolve to break their tobacco addiction in the new year and to sign up for Suffolk County's "Learn to Be ...Tobacco Free" program, starting soon in locations throughout Suffolk County.

"Residents who are trying to stop smoking will find that these cessation clinics will provide them with the important tools they need to lead the healthy smoke-free lifestyle they desire," said Legislator D'Amaro. "I encourage interested residents to take advantage of this very effective program."

The classes are free to Suffolk County residents, though there is a nominal fee for medication for medically eligible participants. Upcoming classes in Western Suffolk are as follows:

Hauppauge

Suffolk County Department of Health

(more)

Smoking Cessation Clinics

12/28/15

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725 Veterans Memorial Highway, Building C-928

Tuesdays, January 19 & 26 and February 2, 9, 16 & 23, 2016, Time: 6 pm – 7 pm

Reunion: March 15, 2016

Contact: (631) 853-2928

Bay Shore

Good Samaritan Hospital Help and Wellness Center

32 Park Avenue

Tuesdays, January 5, 12, 19 & 26, February 2 & 9, 2016, Time: 6 pm – 7 pm

Reunion: March 1, 2016

Contact: (631) 376-4444

For more information about the program and other locations in Central and Eastern Suffolk County, call (631) 853-4017.

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Suffolk County Legislator Lou D'Amaro represents the 17th Legislative District, which includes parts of Huntington, Huntington Station, South Huntington, Melville, West Hills, Cold Spring Hills, Dix Hills, Deer Park, North Babylon and West Babylon. He is chairman of the Budget & Finance committee and a member of the Education & Information Technology and Human Services committees of the Suffolk County Legislature.