

FASD Facts

Fetal Alcohol Spectrum Disorders (FASD) are caused by a woman drinking alcohol during pregnancy. Alcohol in the mother's blood passes to the baby through the umbilical cord. When a woman drinks alcohol, so does her baby.

- **FASD is 100% Preventable.**

(New York American College of Obstetricians and Gynecologists)

- **FASD is the leading known cause of Mental Retardation.**

(United States Department of Health and Human Services Substance Abuse and Mental Health Administration)

- **FASD cannot be cured and lasts a lifetime.**

(Centers for Disease Control and Prevention)

- **All types of alcohol, even wine, wine coolers and beer count as drinks.**

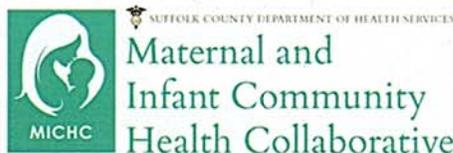
(New York American College of Obstetrics and Gynecologists)

A woman can be pregnant for weeks before she knows she is pregnant. If you drink during a time period where you think you might be pregnant, you could be harming your unborn baby.

For more information about FASD and community resources, contact:

The Maternal and Infant Community Health Collaborative

<http://www.healthybabyandme.org/Home.aspx>
(631) 854-4023



SCDHS Division of Services with
Children with Special Needs

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