

**PRESS RELEASE FROM
LEGISLATOR LESLIE KENNEDY.**



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KENNEDY CONGRATULATES LOCAL EDUCATED DIABETICS



June 15, 2016 – Legislator Leslie Kennedy (R. Nesconset) presented certificates of completion to seventeen local citizens at the Smithtown Library in recognition of their completion of the Living Right with Diabetes Program. Run by the Cornell Cooperative Extension program, the six-week program teaches individuals how to live with diabetes, including how to manage their glucose intake and how to monitor their blood sugar levels.

According to the American Diabetes Association, 12.3% of the population of New York lives with Type 1 or Type 2 diabetes, two similar physiological disorders defined by the body's inability to process glucose. While diabetes presents only minor issues with proper blood glucose management, it can become debilitating or even deadly if left unmanaged. The Diabetes Self-Management Program serves to teach individuals with diabetes to maintain a safe, healthy lifestyle. "Diabetes is bad," Legislator Kennedy noted, "but it isn't the end of the world. With education and the right lifestyle changes, it's possible to minimize its impacts, and this program goes a long way in teaching people that diabetes doesn't have to be the end of their lives."

For information on other community events feel free to contact Legislator Kennedy's office directly at (631)-854-3735 or contact us on Facebook at facebook.com/legislatorlesliekennedy.

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