

SUFFOLK COUNTY LEGISLATURE

WILLIAM R. SPENCER, M.D.
SUFFOLK COUNTY LEGISLATOR

EIGHTEENTH DISTRICT
15 PARK CIRCLE, SUITE 209
CENTERPORT, NY 11721



CONTACT: **JENNIFER MISH**
LEGISLATIVE AIDE

OFFICE: (631) 854-4500
FAX: (631) 854-4503

Jennifer.mish@suffolkcountyny.gov

MEDIA ADVISORY

FOR IMMEDIATE RELEASE

September 10, 2014

Spencer Works with Adam's Hope House to Raise Awareness About Suicide Prevention and Support

*SPEND AN AFTERNOON EXPLORING HANDS-ON THERAPEUTIC OPTIONS AVAILABLE AT THE
ADAM'S HOPE HOUSE MENTAL HEALTH AND WELLNESS FAIR*

Cold Spring Harbor, NY - Suffolk County Legislator William R. Spencer (D-Centerport) is working with local 501(c)(3) non-profit organization **Adam's Hope House Foundation** to offer support to those contemplating suicide, their family and friends, and survivors of those who have passed as a result of suicide. "Suicide is a tragedy that often goes undiscussed in our communities, even though it is a major cause of preventable death in the U.S. and across the world. That is why we are coming together for this event" stated Legislator Spencer.

WHO: Suffolk County Legislator William R. Spencer
Representatives and volunteers from Adam's Hope House Foundation

WHAT: The **Adam's Hope Mental Health Wellness Fair** will offer visitors insight into therapies and services that the organization provides such as art and music therapy, massage, acupuncture, movement and touch therapy, yoga and animal therapy.

Adam's Hope House was established in loving memory of Adam, a young man who passed away in 2013. It is their mission to increase suicide awareness and provide hope and support to those struggling with mental illness, suicidal ideation, and self-medication.

WHEN: **Sunday, September 14, 2014 from 2:00PM to 4:30PM**

WHERE: Kehillath Shalom Synagogue
58 Goose Hill Road
Cold Spring Harbor, NY 11724

Adam's Hope House continues to look for volunteers who can offer therapy, advocacy, peer support, and more. All skill levels are needed; anything you have to offer can be utilized. To learn more, visit adamshopehouse.com, email info@adamshopehouse.com, or call 631-923-2314.

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