

SURVIVAL KIT

“A LITTLE HELP FROM A FRIEND”



COMPLIMENTS OF:

***SUFFOLK COUNTY LEGISLATOR
WILLIAM R. SPENCER***

***15 Park Circle, Suite 209
Centerport, NY 11721
(631) 854-4500***

SUFFOLK COUNTY LEGISLATURE



Dear Constituent,

Our office has put together the enclosed “Survival Kit” for people in need of assistance in these tough economic times. It is geared towards the person who normally does not ask for help and might not know where to turn in order to receive it.

Stress can get to the best of us. This packet provides contact information for a wide range of agencies that you can reach out to in your time of need. Many different types of counseling services are offered.

Finding a job, let alone a good job, in this economy is hard. This packet gives information about resources you can utilize in your job search. If you need to boost your qualifications, there are places where you can take classes and improve your skills.

Lots of folks are working overtime, and don't spend as much time with their families as they used to. Finding a good babysitter can be difficult. Some agencies offer referrals for childcare. If you don't have enough time to help your kids with their schoolwork, tutoring and homework help classes are listed for your convenience.

What do you do when all of your money is going to pay your bills and taxes? Information about food pantries and health services are provided, as is information on rent and mortgage assistance, housing loans, as well as bill and tax assistance programs.

In these difficult times, there is nothing wrong with reaching out for a little assistance. Hopefully, the information we have provided in this “Survival Kit” will help. It is also available online at <http://legis.suffolkcountyny.gov/do/do18/do18.html>.

Sincerely,

William R. Spencer
Suffolk County Legislator
18th Legislative District

WRS:lmg

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Support Services/Counseling

Huntington Town Hall

100 Main Street, Huntington, NY 11743
Citizens Services (631)351-3112
Human Services (631)351-3021
Minority Affairs (631)351-3069
Handicapped Services (631)351-3233
Women's Services (631)351-3291
Veteran's Hotline (631)351-3320
Youth Bureau (631)351-3061

Suffolk County Department of Social Service

Emergency Services
(631)854-9100

Response

(631)751-7500 (24 Hour Hotline)
Provides advice, help, or someone to talk to.

American Red Cross of Long Island

195 Willis Avenue
Mineola, NY 11501
(516) 747-3500 or (877) 733-2767 (24 hours)
Monday-Friday Hours: 8:30AM-4:30PM
Offers disaster assistance and emergency leave communication between family and service personnel.

Women, Infants and Children Supplemental Support Nutrition Program (WIC)

Dolan Family Health Center
284 Pulaski Road, Greenlawn, NY 11740
(631)854-4438
(631)854-4440
www.suffolkcountyny.gov/health
Offers supplemental food, nutrition and health education to low income pregnant, breast-feeding and/or post-partum women, and infants and children up to age 5. Also, offers health and human services referrals.

Sanctuary

423 Park Avenue
Huntington, NY 11743
(631) 271-2183 or 271-2188
A component of the Town of Huntington Youth Development Research Institute providing specialized programs that assist teens, ages 12-21, who run away or feel as if they want to leave home.

Mercy Haven

859 Connetquot Avenue, Suite 10
Islip Terrace, NY 11752
(631) 277-8300 (631) 277-8394 Fax

Mercy Haven is a non-sectarian, not-for-profit corporation. Their mission is to acknowledge the dignity and potential of people who are homeless, living with mental illness or living in poverty by providing housing, advocacy, education & life skills development.

Friends of Karen, Inc.

21 Perry Street

Port Jefferson, NY 11777

(631) 473-1768 E-mail li@friendsofkaren.org

Provides emotional, financial and advocacy support to children with life-threatening illnesses and their families.

Supportive Services for Pregnant and Parenting Teens

17 Westminster Ave

Dix Hills, NY 11746

(631)667-6000 ext 304

www.wilsontech.org

Provides child care, parenting instruction and support services for pregnant and/or parenting high school students. Parenting instruction affords each student the necessary support and counseling in caring for his/her child. Home instruction is available for the period of disability before and after the birth of the child. Must be approved by home school district.

Youth Directions and Alternatives (YDA)

7 Diane Court

East Northport, NY 11731

(631)261-7901

This is a non-profit community and youth agency serving youth and their families in the districts of Elwood, Harborfields, and Northport/East Northport. It is for all youth, not limited to the gifted or disadvantaged.

Tri-Community and Youth Agency (Tri CYA)

310 West Hills Road

Huntington Station, NY 11746

809 New York Ave

Huntington, NY 11743

(631)673-0614 (Huntington)

(631)367-8891 (Cold Spring Harbor)

(631)673-3303 (South Huntington)

(631)549-8700 (24Hr. HOTLINE)

<http://town.huntington.ny.us>

Provides recreational, educational, cultural, employment and counseling programs for youth ages 10-21 in the school districts of Huntington, Huntington Station and Cold Spring Harbor.

The Place

324 Main St

Northport, NY 11768

(631) 261-2670

Drug and substance abuse counseling services for adults and youths for the treatment and prevention of drug, alcohol or substance abuse.

Common Sense Parenting - Sagamore Children's Psychiatric Center

197 Half Hollow Road

Dix Hills, NY 11746

(631)370-1676

(631)370-1709 (TTY)

Provides a six session skills development program for parents. Participants will learn to reduce child problem behaviors, decrease yelling and fighting, learn how to stay calm and help their child develop self control, enrich relationships with their children, and increase their own self-confidence as well as that of their children. Day and evening classes are available in several locations. Call for more information. Pre-registration is required; registration is free. The Common Sense Parenting Handbook requires a fee.

Family Service League

790 Park Ave.

Huntington, NY 11743

(631)427-3700

Helps individuals, children, and families to mobilize their strengths and improve the quality of their lives at home, in the workplace, and in the community.

Family Service League Programs

- **Parent to Parent Program**

Huntington Public Library in the Youth Program Room, 338 Main Street, Huntington, NY 11743- Wednesdays, 10:30 to 11:30 AM. Open to the Public. Free and Confidential.

Contact Pat Hillenbrand (631) 223-50285 or Andrea Stolz (631) 223-5030

- **Sagamore Support Group**

Sagamore Children's Hospital, 197 Half Hollow Road Dix Hills, NY 11746

1st and 3rd Tuesdays of each month, from 6:00-7:30 pm

Open to the Public. Free and Confidential. Contact: Laurie O' Reilly (631) 223-5025.

NAMI (National Alliance on Mental Illness) Basics Education Program

The fundamentals of caring for you, your family and your child with emotional or behavioral challenges. A **FREE** six-week education course for the parents & other family caregivers of children & adolescents living with emotional or behavioral challenges. **Registration is required.** Contact: Beth Ramme at (631) 673-6097 or BethSRamme@gmail.com.

Salvation Army

319 Clay Pitts Road

East Northport, NY 11731

(631)368-1170

www.salvationarmynewyork.org

Offers pastoral counseling and provides youth activities for children grades 1-9, and a Women's Fellowship Group (in English and Spanish). Serves the Towns of Huntington and Commack.

Parish Outreach – St. Hugh of Lincoln R.C. Church

21 East 9th Street

Huntington Station, NY 11746

www.sthugh.org

(631)271-6081

Provides information and referral for ministry of consolation, and homebound visits. Parish residents.

F-E-G-S (Federation Employment and Guidance Service, Inc.)

Long Island Services Administrative Offices
6900 Jericho Turnpike, Syosset, NY 11791
(516)496-7550
www.fegs.org

FEGS serves individuals and families who have mental, developmental and physical disabilities, the economically disadvantaged, new émigrés, youth, older adults, and others. FEGS offers career planning; functional and vocational assessment; employment; skills and educational training; psychiatric, developmental, residential, and family, rehabilitation; client advocacy; information and referral services.

Middle Country Public Library

Community Resource Database of Long Island (CRDLI)

101 Eastwood Blvd
Centereach, NY 11720
(631)585-9393
www.crdli.org

The CRDLI is a free, current, online directory of local health, human service, education agencies and programs on Long Island. It serves children, teens, adults, families, and seniors in both Nassau and Suffolk counties.

REACH Community & Youth Agency

Manasquan School
525 Half Hollow Road
Dix Hills, NY 11746
(631)549-9417

A not-for-profit community centered organization dedicated to providing social, recreation, enrichment, cultural, educational and advocacy programs for children, youth and families of Commack and Half Hollow Hills.

Huntington Drug & Alcohol Treatment and Prevention

423 Park Avenue
Huntington, NY 11743
(631)271-3591

A component of the Town of Huntington Youth Development Research Institute and a state licensed, outpatient chemical dependency treatment and prevention provider. Offering individual, group and family counseling to individuals who are abusing substances, those who are at risk of becoming drug involved and their families. Prevention services that emphasize the acquisition of life skills and harmful effects of drugs, alcohol and tobacco use along with the nature of addiction and dependency.

Child Care Council of Suffolk, Inc.

60 Calvert Avenue
Commack, NY 11725
(631)462-0303
www.childcaresuffolk.org

Provides a variety of information and services for families. Trained parent counselors are available to help with your parenting questions and concerns. Issues include assistance in locating providers in your area that meet your family's specific needs, information about quality care for children, checklists to assist you on visits to programs, and information about how to locate and hire in-home caregivers.

Huntington Township Branch YMCA

60 Main St
Huntington, NY 11743
(631)421-4242
<http://www.ymcali.org/>

The YMCA of Long Island is a charitable, not-for-profit, community based organization dedicated to improving the quality of life of children, adults and families through programs that build spirit, mind and body. Programs include health and fitness, aquatics, camping, family, and childcare, arts, sports, and teens.

Pederson-Krag Center / West

55 Horizon Drive
Huntington, NY 11743
(631)920-8000

The Pederson-Krag Center is one of the largest not-for-profit outpatient behavioral health and chemical dependency treatment facilities on Long Island. They provide comprehensive behavioral health services to the residents of the county, regardless of their ability to pay. The Center offers a full spectrum of services to meet the needs of the most vulnerable in our community, both adults and children. Programs include admissions and emergency services; assertive community treatment; clinic case management; compulsive gambling help; mental health services; family, couples, child and parenting counseling; eating disorders; student training; and supported housing.

VIBS Family Violence and Rape Center

Victims Information Bureau of Suffolk

P.O. Box 346
Central Islip, NY 11722

(631) 360-3730 24 HOUR HOTLINE---- (631) 360-3606

Our mission is to assist the survivors of domestic violence, rape and sexual assault; to prevent the incidence of these crimes through education and services; and to raise community awareness of the need for justice and compassion for victims.

MADD (Mothers Against Drunk Driving)

33 Walt Whitman Road, Suite 307
Huntington Station, NY 11746
(631) 547-6233. Fax (631) 547-6235
LongIsland.ny@madd.org

VICTIM CRISIS HELPLINE (24/7)
1-877-MADD-HELP

Employment Services/Skill Development

Center for Alternative Education - Western Suffolk BOCES Career and Technical Education

507 Deer Park Road
Huntington Station, NY 11746
(631)549-4900 ext. 260
(631) 667-6000, ext. 300
www.wsboces.org

This program offers career and technical education and work experience to “at risk” students. Programs include Alternative High School Equivalency; Bi-Lingual Alternative High School Equivalency Preparation; Alternative High School; Ninth Grade Turn Around; PM

High School Sessions; and Support Services for Pregnant and Parenting. Students with disabilities enrolled in CTE programs or in the Center for Alternative Education may require specific related services to support their overall educational program. Related services available include Resource Room; Group and Individual Counseling; and English as a Second Language.

Long Island Works Coalition

Contact: Katherine Rupp
P.O. Box 544
Wyandanch, NY 11798
(631)297-3062
www.liworks.org

Regional initiative to bridge the gap between business and education. It targets businesses, academia, parents, students (kindergarten through college) and the community at large. Prepares students with the knowledge, skills, and experience to be successful in the workforce and increases awareness of the educational and career opportunities that exist on Long Island. Provides development and oversight to school advisory boards. Seminars, job fairs, and resource coordination is available through the website. Provides electronic internship clearinghouse for college and high school students. Free. Supported by member sponsorship.

Huntington Station Enrichment Center

1264 New York Avenue
Huntington, NY 11743
(631)425-2640

Helps people in the community gain the skills needed to succeed economically. In partnership with other local agencies and churches, the center offers a variety of services, including job placement, mentoring, computer training, and health-field training. Must be a resident in one of the following school districts: Elwood, Harborfields, Huntington, or South Huntington.

East Northport Goodwill Store

1900 Jericho Turnpike
East Northport, NY 11731
(631)462-4219

Provides jobs for persons with disabilities and serves as job training site for older special education students or adults with developmental disabilities. Generates funds for Goodwill services for persons with disabilities and other barriers to employment, seniors, ex-offenders and youth. Welcomes donations.

Suffolk Works Employment Program (SWEP)

395 Oser Ave
Hauppauge, NY 11788
(631) 853-3664 - Compliance Unit
(631) 854-3349- Child Care Bureau, Intake

This program helps Temporary Assistance applicants and recipients obtain the skills they need to find employment. Once employed, families can receive help with childcare and other employment related expenses.

Suffolk County One-Stop Employment Center

Suffolk County Department of Labor

North County Complex, 725 Veterans Memorial Highway, Building #17

Hauppauge, New York 11788

(631)853-6600

The Center provides comprehensive employment services including access to services such as job listings, assessment of skill levels, employment search and placement assistance.

Family Service League

790 Park Ave.

Huntington, NY 11743

(631)427-3700

Helps individuals, children, and families to mobilize their strengths and improve the quality of their lives at home, in the workplace, and in the community.

St. Patrick's Parish Outreach-Trocaire House

400 Main Street

Huntington, NY 11743

(631)385-3311 ext 216

Trocaire House is now located in the lower church (Murray Hall). Hours of operation are between 10:00AM and 2:00PM, Monday thru Friday. It offers employment assistance and additional services.

F-E-G-S (Federation Employment and Guidance Service, Inc.)

Long Island Services Administrative Offices

6900 Jericho Turnpike, Syosset, NY 11791

(516)496-7550

www.fegs.org

FEGS serves individuals and families who have mental, developmental and physical disabilities, the economically disadvantaged, new émigrés, youth, older adults, and others. FEGS offers career planning; functional and vocational assessment; employment; skills and educational training; psychiatric, developmental, residential, and family, rehabilitation; client advocacy; information and referral services.

Vocational Services Program

EAC Administrative Office

50 Clinton Street, Suite 107

Hempstead, NY 11550

(516) 539-0150

Fax (516) 539-0160

www.eacinc.org

The EAC Vocational Services Program assists clients in developing vocational plans based on their needs and background. Career exploration and job readiness activities may also be included.

Tutoring Services/Classes/Vocational Training

Youth Directions and Alternatives (YDA)

7 Diane Court

East Northport, NY 11731

(631)261-7901 (Northport/E. Northport)

(631)261-6218 (Harborfields/Elwood)

(631)549-8700 (24Hr. Hotline)

www.ydaonline.org

Provides recreational, educational, employment and counseling programs for youth ages 10-21 in the communities of Northport, East Northport, Harborfields, and Elwood.

Regional Enrichment Agency of Commack/Half Hollow Hills

525 Half Hollow Road

Dix Hills, NY 11746

(631)549-9417 (Dix Hills)

(631)549-8700 (24 Hr. Hotline)

www.reachcya.org

Provides recreational, educational, employment and counseling programs for youth ages 10-21 in the school districts of Half Hollow Hills and Commack. Also provides preschool for 3-4 year-olds for Half Hollow Hills School District before and after preschool.

Tri-Community and Youth Agency (Tri CYA)

310 West Hills Road

Huntington Station, NY 11746

(631)673-0614 (Huntington)

(631)367-8891 (Cold Spring Harbor)

(631)673-3303 (South Huntington)

(631)549-8700 (24Hr. HOTLINE)

<http://town.huntington.ny.us>

Provides recreational, educational, cultural, employment and counseling programs for youth ages 10-21 in the school districts of Huntington, Huntington Station and Cold Spring Harbor.

International Dyslexia Association - Reading Tutor Program

728 Route 25A

Northport, NY 11768

(631)261-7441 (Suffolk Office)

(410)296-0232 (National Office)

(800)ABC-D123 (General Information)

www.lidyslexia.org

Provides referrals for professionally trained volunteers to provide one-to-one tutoring in the basic skills of reading, writing and spelling.

East Northport Corps/Community Center – Salvation Army

319 Clay Pits Road

East Northport, NY 11731

(631)368-1170

(631)368-1232

Offers free ESL (English as a Second Language) classes twice a week. Serves the Towns of Huntington and Commack.

Parish Outreach – St. Hugh of Lincoln Roman Catholic Church

21 East 9th Street

Huntington Station, NY 11746

(631)271-8986

www.sthugh.org

Provides information and referral for immigration classes, and English as a Second Language classes. Parish residents.

Mentoring Partnership of Long Island

150 Motor Parkway
Suite 90, Lower Level
Hauppauge, NY 11788
631-761-7800
631-761-7803 fax
Mentorkids.org

The mission of the Mentoring Partnership of Long Island is to bring caring adults together with children in need through safe, effective mentoring programs. Research has shown that children who have a caring adult in their lives have a better chance of staying in school, out of gangs and away from drugs. We wish that every child could have a mentor.

Huntington Township Branch YMCA

60 Main St
Huntington, NY 11743
(631)421-4242
<http://www.ymcali.org/>

The YMCA of Long Island is a charitable, not-for-profit, community based organization dedicated to improving the quality of life of children, adults and families through programs that build spirit, mind and body. Programs include health and fitness, aquatics, camping, family, and childcare, arts, sports, and teens.

ESL Classes

@Huntington High School
Sponsored by Western Suffolk BOCES
(631) 667-6000 x 327

Tuesdays & Thursdays
6:30 PM – 9:00 PM

Manor Field Family Center (La Casita)
90 East 5th Street
Huntington Station, NY 11746

Mondays & Wednesdays
6:00 PM – 8:00 PM

Huntington Station Enrichment Center
1264 New York Avenue
(631) 425-2640

Call for Dates & Times

St. Hugh of Lincoln-Opening Word Ministries
1450 New York Avenue
Huntington Station, NY 11746

Mondays thru Fridays (For women over 21)
9:00 AM – 2:00 PM

GED Classes

Project EXCEL-Village Green Center
423 Park Avenue
Huntington, NY 11743
(631) 271-5499

Call for Dates & Times

Vocational Training

Manor Field Family Center (La Casita)
90 East 5th Street
Huntington Station, NY 11746

Call for Information

Training in computer classes, typing, word, excel, powerpoint, reading companion & internet. Job search and resume writing done one-to-one by appointment. For information, call Ivan Falcon at (631) 425-9694 x 231.

Food Services

Suffolk County DSS - South West Center

2 South 2nd Street
Deer Park, New York 11729
(631)854-1802 New Application for Food Stamps
(631)854-6600, 6700 TA/FS Applications
(631)854-6630, 6631, 1816 Undercare
For Temporary Assistance or Food Stamps

Helping Hand Rescue Mission

Reverend Rose Mary Gaines
Kim Gaines-Chadwick
225 Broadway
Huntington Station, NY 11746
(631)351-6996 or (631)760-7914
Provides food, clothing and furniture as well as sports and recreational programs and prayer and Biblical counseling.

Meals on Wheels of Huntington, INC.

423 Park Avenue
Huntington, NY 11743
(631)271-5150
Provides home delivery to Huntington Town residents that are living alone and unable to shop or cook for themselves. Two meals (1 hot, 1 cold) are delivered at lunchtime five days a week including holidays. Meals are prepared by Huntington Hospital, Birchwood Health Center and Birchwood Adult Home, making available special diets, including diabetic, low sodium, renal, mechanical soft, etc. Clients are evaluated by RN's and Social Workers (MSW's). Daily fee.

Long Island Food Not Bombs

Hands out food, fresh veggies, bread and some clothing Tuesday nights at 7:00 PM at the corner of East 6th Street and Fairground Avenue, Huntington Station.

Bethel AME Church

291 Park Avenue, Across from Huntington Hospital
Huntington, NY 11743
(631)549-5014
Gives out food every other Tuesday. Call for dates and times.

Long Island Cares, Inc. – The Harry Chapin Food Bank

10 Davids Drive

Hauppauge, NY 11788

(631)582-FOOD(3663)

LI Cares is a not-for-profit organization who provides emergency food where and when it is needed, sponsors programs that help families achieve self-sufficiency, and educates the general public about the causes and consequences of hunger on Long Island.

Huntington Community Food Council

90 East 5th Street

Huntington Station, NY 11746

(631) 351-1060

Monday-Friday Hours: 10AM-12NOON

Provides emergency food for individuals and families in the Huntington Township area.

WIC-Greenlawn

284 Pulaski Road

Greenlawn, NY 11740

(631) 854-4438 or 854-4440

www.suffolkcountyny.gov/health

Offers supplemental food, nutrition and health education to low income pregnant, breast-feeding and/or post-partum women and to infants and children up to age 5.

Trocaire House

St. Patrick's RC Church

400 Main Street

Huntington, NY 11743

(631) 385-3311 x 216

www.stpatrickchurchhunt.org

Monday-Friday Hours: 10AM-2PM

Provides spiritual guidance, outreach programs and a food pantry.

Parish Social Ministries

Our Lady Queen of Martyrs RC Church

53 Prospect Road

Centerport, NY 11721

(631) 754-9045

www.olqmparish.com

Monday-Friday Hours: 10AM-2PM

Provides limited emergency food, no perishables for parish residents.

Parish Outreach - St. Hugh of Lincoln R.C. Church

21 East 9th Street

Huntington Station, NY 11746

(631) 271-8986

www.sthugh.org

Provides information and referral for emergency food/clothing. Parish residents

John J. Flanagan Center-Village Green School

Town of Huntington Seniors

423 Park Avenue

Huntington, NY 11743

(631) 351-3253

Provides daily lunch 12-1:30PM for a small fee. (\$2.00 suggested donation.)

First Presbyterian Church of Northport

330 Main Street

Northport, NY 11768

(631) 261-6434

www.northport.presbychurch.org

Tuesday-Friday Hours: 8AM-2PM

Operates a food pantry for Northport-East Northport residents.

Ecumenical Lay Council

First Presbyterian Church at Main & Church Streets

Northport, NY

(631)261-4357

Monday-Thursday Hours: 10AM-12PM

Catholic Charities Diocese of Rockville Centre Nutrition Outreach and Education Program (NOEP)

143 Schleigel Blvd.

Amityville, NY 11701

(631)789-9546 or 789-8546

www.hwcli.com

Helps Suffolk County residents access nutritional programs, such as Food Stamps. HWCLI's NOEP Coordinator can provide a free, confidential prescreening for the Food Stamp Program and a Food Stamp application on-site or by mail; assist with completing the application and compiling of required documentation; refer clients to other food and nutritional resources; contact DSS on behalf of the client when application issues arise.

Salvation Army

319 Clay Pitts Road

East Northport, NY 11731

(631)368-1170

www.salvationarmynewyork.org

Provides emergency food, clothing and furniture. Serves Towns of Huntington and Commack.

Health Insurance & Services

Suffolk County DSS - South West Center

2 South 2nd Street

Deer Park, New York 11729

(631)854-6600 Fax:(631)854-6672

Healthy NY – (866) Healthy NY or (866)432-5849

COBRA – (877)262-7241

Medicare – (212)869-3850

Healthy Families Hotline – 1-877-714-2273

Medicaid West - Smithtown Center

200 Wireless Blvd
Hauppauge, New York 11788
(631)853-8765 – General Information
(631)853-8730 – PA/FS New Applications
(631) 853-8754 – Open Cases

Medicaid Transportation

3085 Veterans Memorial Highway
Ronkonkoma, NY 11779
1-866-952-1564

www.suffolkcountyny.gov

Pays for medically necessary transportation to doctor, clinic, hospital, etc. for persons on Medicaid who have no other means of travel. Transportation is limited to 8 miles.

Family Health Plus - A public health insurance program for adults who are aged 19-64 who have income or resources too high to qualify for Medicaid. Family Health Plus is available to single adults, couples without children, and parents with limited income who are residents of New York State and are United States citizens or fall under one of many immigration categories.

- Affinity Health Plan (866) AHP-5678
- Fidelis/NYS Catholic Health Plan (888)343-3547
- Health First PHSP (800)463-6743
- HIP of Greater NY (800) 542-2412
- Suffolk Health Plan (877)747-6789 or (800)763-9132
- America's Choice by United Healthcare of NY (888)617-8979
- Neighborhood Health Providers (800) 826-6240
- United Healthcare Community Plan (800) 493-4647

Child Health Plus-

H. Lee Dennison Building, 3rd Floor
100 Veterans Memorial Highway,
Hauppauge, NY 11788
(631)853-3032
Toll Free General Information 800-763-9132

www.suffolkhealthplan.com; www.suffolkcountyny.gov/health

Provides comprehensive, government subsidized health insurance coverage to underinsured children not eligible for Medicaid. Offers primary, preventive, inpatient and outpatient health care coverage at little or no cost. Suffolk County residents under the age of 19 with no other equivalent health insurance are eligible.

Suffolk County Department of Health Prenatal Care Assistance Program

225 Rabro Drive East
Hauppauge, NY 11788
(631)853-3000
www.suffolkcountyny.gov/health

Offers free prenatal health care at no cost to pregnant women of Suffolk County who are uninsured or underinsured and whose income falls within gross monthly guidelines.

Chronic Care

P.O. Box 18100

Hauppauge, NY 11788

(631)854-5895

www.suffolkcountyny.gov

Monday-Friday Hours: 8AM-4PM

Helps pay nursing home and health related facility (HRF) care costs and long-term care for Suffolk County residents who meet the financial eligibility requirements.

Catholic Charities Nutrition Outreach and Education Program

The Health and Welfare Council of Long Island - Child and Family Health Plus Facilitated Enrollment Program

(631)789-9546

(516)483-1110

150 Broad Hollow Road, Suite 118

Melville, NY 11747

www.hwcli.com

Offers free eligibility screening to Suffolk residents, and enrollment in New York State's comprehensive, free or low cost insurance programs (Child Health Plus, Family Health Plus and Medicaid). HWCLI enrollers can assist Long Island residents with applications when and where it's convenient.

Cancer Screening

1-866-442-CANCER (1-866-442-2262)

For free breast, cervical, colorectal cancer screening, diagnostic, treatment and support services in your community. Eligible clients are able to receive clinical breast exams, mammograms, Pap tests and colorectal cancer screening through fecal tests. Clients receiving positive screening tests also receive diagnostic testing and are referred to treatment if needed. Eligible clients are also enrolled in the Medicaid Cancer Treatment Program for Medicaid coverage for the duration of their breast, cervical, colorectal or prostate cancer treatment. Also, educational awareness and support services to people and their families affected by cancer are provided.

Cancer Services Program of Western Suffolk

631-969-85353

Huntington Breast Cancer Action Coalition

746 New York Ave

Huntington, NY 11743

(631)547-1518

<http://www.hbcac.org/>

A not-for-profit grassroots organization dedicated to prevention methods while actively helping those who are faced with a positive diagnosis.

West Islip Breast Cancer Coalition

PO Box 247, West Islip, NY 11795

(631) 669-7770 (631) 669-7707 Fax

www.wibcc.org

A not-for-profit organization which funds provides a variety of supportive services to the many women undergoing breast & gynecological cancer treatments. Transportation to therapy, wigs, prosthesis, housekeeping, food, childcare, and many other services. WIBCC also aids men who are going through breast cancer with similar services.

Cancer Support Services

Huntington Hospital

270 Park Avenue, Huntington NY 11743

(631)351-2568 or (631) 470-5201

www.northshorelij.com; www.hunthosp.org

Offers a variety of support services including inpatient/outpatient social services, psychosocial counseling, dietary counseling/support, pastoral services, hospice referral/care, bereavement counseling, cancer education programs, telephone referral/consultation services and numerous support groups.

NYS Cancer Services

(518) 474-8887 www.health.ny.gov

Blood pressure screening

John J. Flanagan Center-Village Green School

423 Park Avenue

Huntington, NY 11743

(631)351-3253

Scripts Card

(877)321-2652

<http://www2.caremark.com/suffolkscripts/>

Suffolk County's Prescription for Savings. This card is not insurance. It provides discounts on certain medications at participating pharmacies.

Planned Parenthood Hudson Peconic, Inc.

Huntington Center

755 New York Ave., Huntington, NY 11743

(631)427-7154

www.plannedparenthood.org

Planned Parenthood Federation of America (PPFA) is a trusted health care provider, an informed educator, a passionate advocate, and a global partner helping similar organizations around the world. Planned Parenthood delivers vital health care services, sex education, and sexual health information to millions of women, men, and young people. No appointment is needed for pregnancy testing, HIV testing, emergency contraception, STI testing, and testing and treatment for urinary tract infections. All other services require an appointment. For payment information, please contact the center.

The Dolan Family Health Center

284 Pulaski Road

Greenlawn, NY 11740

(631)425-5250

Long Island's only privately owned, charitable supported primary health center. Staff includes physicians, registered nurses, nurse practitioners, medical assistants, social workers, and clerical workers. They provide culturally sensitive, high quality primary care in adult medicine, obstetrics and gynecology, and pediatrics.

Visiting Nurse Service & Hospice of Suffolk Inc.

Administration & Home Care

505 Main Street

Northport, NY 11768

Phone: 631.261.7200, Fax: 631-261-1985

Hospice

101 Laurel Road

East Northport, NY 11731

Phone: 631.930.9399 (Inpatient)

631.930.9335 (Home Care)

Fax: 631.261.5424 (Inpatient)

631.261.5423 (Home Care)

As a freestanding, not-for-profit, community based home health care and hospice agency, Visiting Nurse Service & Hospice of Suffolk responds to community needs as they arise, maintaining a tradition of charitable and compassionate care in the home, as well as providing community service activities such as blood drives, bereavement support, and flu clinics.

Daytop Village, Inc.

2075 New York Avenue

Huntington Station, NY 11746

(631) 351-7112

www.daytop.com

Offers substance abuse treatment services to teens and adults without discrimination, including those without adequate financial resources. Daytop is committed to returning clients to society as productive, responsible drug-free citizens.

Feel Better Kids, Inc.

100 Banks Avenue, Unit 1117

Rockville Centre, NY 11570

(516)889-1441

www.feelbetterkids.org

Provides vital medical services for children living with debilitating illnesses who live in low to moderate income communities with little or no medical insurance.

Senior Citizens Services

Huntington Town Hall

Senior Citizens Center

423 Park Avenue

Huntington, NY 11743

(631) 421-1273

(631) 351-3253

www.town.huntington.ny.us

Town Clubs & Classes

(631)351-3253

Clubs meet weekly from 10:30AM to 1:30PM and are located throughout Huntington Township. Classes, such as dancing, tai chi, "sit and be fit", and computer classes, are held weekly. Cards, bridge, and Bingo are also scheduled weekly.

I.D. Cards

(631)351-3253

(631)854-4500

For Huntington Township are available at the Huntington Senior Center M-F, 8:30AM to 4:30PM for senior residents age 60+. Please bring proof of residency and age. Driver's license and non-driver ID cards are sufficient.

Telephone Reassurance Program

(631)351-3253, Ext. 4011

Volunteers call senior residents in the town who live alone and would like to have contact with others.

Residential Repair Program

(631)351-3253, Ext. 4002

For small household repairs which you are not able to manage. You are charged for parts and supplies only. Call between 9:00AM and 12:00 noon, Monday-Friday for information.

Helen Keller Services for the Blind

40 New York Avenue

Huntington, NY 11743

(631)424-0022

www.helenkeller.org

Monday thru Friday – 8:30AM to 4:30PM

Rehabilitative services for the blind and visually impaired.

SNAP: Food Stamps –(631)852-3500

John J. Flanagan Center-Village Green School

(631)351-3293 (Senior Day Care Center)

(631)351-3253 (Nutrition Center)

(631)427-8287 HART Bus (Transportation to MD Appt. and Shopping Assistance)

<http://town.huntington.ny.us>

Provides daily lunch for a small fee. Provides adult day care for frail elderly at Flanagan Center. Transportation available and meals provided. Town of Huntington ID required.

Expanded In-home Services for the Elderly Program (EISEP)

(631)853-8200

Provides case-management and non-medical in-home care for persons 60+ who are unable to do home management tasks. Services may include shopping, laundry & light housekeeping. Persons must be above Medicaid eligibility.

Huntington Residents AARP - 55 Alive/Mature Defensive Driving

(631)351-3253

One must attend one all-day session to obtain reduction in the public liability and collision portions of their auto insurance as well as point reduction for moving violations. Class size is limited and is filling up fast. People aged 50+ register and pay in advance at the Senior Center.

Family Service League

790 Park Ave.
Huntington, NY 11743
(631)427-3700

Helps individuals, children, and families to mobilize their strengths and improve the quality of their lives at home, in the workplace, and in the community.

Suffolk County Office for the Aging

H. Lee Dennison Building – 3rd Floor
100 Veterans Memorial Highway
Hauppauge, NY 11788
(631)853-8200

Provides Medicare, healthcare, legal, and other assistance to seniors.

Suffolk County Office of the Aging

The Health Insurance Information, Counseling and Assistance Program (HIICAP)

(631)853-6651

The HIICAP Program has been established to assist seniors through the maze of health insurance paperwork. Assistance is available with the whole range of health insurance programs, including Medicare, Medicaid, Supplemental and Long Term Care Insurance. Trained volunteers provide elderly persons with the information, counseling and assistance necessary to purchase, claim and appeal decisions about health insurance coverage.

Elderly Pharmaceutical Insurance Coverage (EPIC)-NYS Rx Plan

1-800-332-3742

This cost-sharing program applies to low-to-moderate income seniors. The program is state funded. EPIC enrollees may be eligible for reimbursement of fees and a portion of their co-payments under a program funded by Suffolk County.

HART Bus Transportation

(631)427-8287

This program provides transportation for seniors who have no other means of transportation to a variety of essential services, such as medical appointments, social services, Town Hall, and shopping. In general, these vehicles do not cross town boundaries. Medical appointments have priority. This service is heavily used, so please make your reservation two weeks in advance.

Veterans Assistance

(631)853-VETS
H. Lee Dennison Building – 3rd Floor
100 Veterans Memorial Highway
Hauppauge, NY 11788

Income-Eligible Energy Assistance Program

1- 800-490-0025 (PSE&G Long Island Customer Assistance Center)

You can also visit their website at: www.psegliny.com to see if you qualify.

This service was created to help individuals who don't generate enough income to pay their electric bills.

Rent/Mortgage Assistance & Housing Grants/Loans

Long Island Housing Partnership, Inc. (LIHP)

180 Oser Avenue, Suite 800

Hauppauge, NY 11788

(631)435-4710

www.lihp.org

Provides default and foreclosure prevention counseling, mortgage counseling and homebuyer education, reverse mortgage information for seniors, predatory lending information, down payment assistance, and first-time homebuyer tax credit information. Offers lending at low rates to families facing foreclosures through Homeowners Mortgage Assistance Program (HEMAP). Free advice. Appointment required.

Suffolk County Downpayment Assistance Program

H. Lee Dennison Building

100 Veterans Memorial Highway

Hauppauge, NY 11788

(631)853-5705

www.suffolkcountyny.gov

Provides first-time homebuyers with federal funds for a portion of the down payment to a maximum of \$14,000.00 depending on income level towards the purchase of a principal residence. Serves the towns of Brookhaven, East Hampton, Huntington, Riverhead, Smithtown, Southampton, Southold and Shelter Island. Call for information and application.

Financial Assistance Program

Society of St. Vincent De Paul

249 Broadway

Bethpage, NY 11714

(516)822-3132

www.svdprvc.org

Provides financial assistance to Suffolk residents who are in trouble or who are behind in bill payments. Will work with other agencies if more help is needed. Emergency Food and Shelter Program funds for rent or mortgage payments are available.

Employer Assisted Housing Program (EAHP)

Suffolk County Department of Community Development

H. Lee Dennison Building

P.O. Box 6100

100 Veterans Memorial Highway, 11th Floor

Hauppauge, NY 11788

(631)853-5705

Provides down payment assistance to eligible employees of businesses participating in the program. Depending on an employee's income and the company's contribution, the EAHP can provide up to \$42,000 for a down payment and \$35,000 for repairs. Referral required. Call for an appointment. Employees of participating businesses in Nassau and Suffolk Counties.

Housing Help, Inc.

91 Broadway, Suite 6

Greenlawn, NY 11740

(631) 754-0373

www.housinghelp.net

A not-for-profit housing agency that provides services for low and moderate income households in the Town of Huntington

Huntington Community Development

100 Main Street

Huntington, New York 11743

(631)351-2881

HOME REHABILITATION PROGRAM

Emergency Grants

To provide emergency heating, septic (cesspool) clearance, and appliance repair (limited to ovens, stoves, and refrigerators.) Maximum amount is \$500.00. This program is open to all Town of Huntington homeowners. All family members living at the address must supply copies of the current year income tax statement and W2 for the most current year. If you are not required to file, you must submit proof of Social Security and other income (bank interest, stock payments, etc.). Income eligibility requirements are established by the U.S. Department of Housing and Urban Development for moderate income assisted housing.

Deferred Loans

Deferred loans enable income eligible owner occupants of single-family homes to improve their property to HUD's Section 8 existing housing quality standards and relevant Town Housing Codes. Rehabilitation work may include new windows and doors, handicapped accessibility, structural improvements, insulation and energy conservation, new heating systems, new roof, electrical improvements, and plumbing and cesspool work.

Tax Assistance

STAR Program

Assessor's Office

Huntington Town Hall

100 Main St.

Huntington, NY 11743

(631)351-3227

1-877-6-STAR-NY (1-877-678-2769)

STAR Program is NY State's School Tax Relief Program that provides a partial exemption from school property taxes. All New Yorkers who own and live in their one, two or three-family home, condominium, cooperative apartment, manufactured home, or farm dwelling are eligible for a STAR exemption on their primary residence. In order to receive STAR benefits, you must file an application with the Assessor's Office at your local town hall.

Basic STAR exemption is available for owner-occupied, primary residences regardless of the owners' age. Income may not exceed \$500,000. Basic STAR works by exempting the first \$30,000 of the full value of a home from school taxes.

Enhanced STAR exemption is available for the primary residences of senior citizens 65+ with yearly household incomes not exceeding the statewide standard. For qualifying senior citizens, the Enhanced STAR program works by exempting the first \$62,200 of the full value of their home from school property taxes. For property owned by a husband and wife, or by siblings, only one of them must be at least 65 years of age as of December 31 of the year in which the exemption will begin to qualify for the Enhanced exemption. Their combined annual income, however, must not exceed the Star income standard.

The Health and Welfare Council of Long Island - EITC and Free Tax

Preparation Information

(516) 505-4431

www.hwcli.com

If you earned less than \$49,000 in 2011; you may qualify for the Earned Income Tax Credit. Eligible individuals or families may receive a tax refund up to \$7,476. Many immigrants are eligible for EITC, including green card holders, refugees and other legally authorized to work. Throughout Long Island, well-trained, professional tax volunteers help individuals prepare and file personal income taxes for free.

Bill Assistance

United Way of Long Island

(631)940-3700

819 Grand Blvd, Suite 1

Deer Park, NY 11729

info@unitedwayli.org

Quick Reference Guide for Energy Programs gives a list of money saving programs with descriptions for fast and easy convenience. Information is included on HEAP, Assisted home performance with Energy Star, Project Warmth, Emergency Food and Shelter Program, REAP, RESTORE, Access to Home, On Track, and NYSERDA. Quick reference phone numbers are included.

Financial Assistance Program

Society of St. Vincent De Paul

249 Broadway

Bethpage, NY 11714

(516)822-3132

www.svdprvc.org

Provides financial assistance to Suffolk residents who are in trouble or who are behind in bill payments. Will work with other agencies if more help is needed. Money can be used to purchase bus tokens or food vouchers, medical equipment, a replacement refrigerator or stove, or to pay for a one-time housing subsidy, repairs to automobile or other miscellaneous expenses to help an individual or family in need during an emergency. Emergency Food and Shelter Program funds for rent or mortgage payments are available.

NYPIRG Fuel Buyers Group

(212) 349-6460 ext.5047

(631) 673-5536

www.nypirg.org

Provides cheaper energy by using group buying power. Natural gas and heating oil are sold at a wholesale price to consumers. Membership requires a tax- deductible contribution.

Safelink Wireless

9700 N.W. 112th Ave.

Miami, Fl. 33178

1-(800)378-1684

www.safelinkwireless.com

Provides a free prepaid cell phone to one person per family. Participants must meet a certain qualifications set by the state.

New York State OTDA: HEAP

40 N. Pearl St., Floor 11 D
Albany, NY 12243
(518) 473-0332 or 1-800-342-3009
www.heapoil.org

This office of Temporary and Disability Assistance (OTDA) and the New York State Energy Research & Development Authority (NYSERDA) sponsor this program which provides a supplementary heating benefit for those who meet certain income criteria.

Youth Services

Huntington Station Enrichment Center/ Kidz Café

1264 New York Ave. Huntington Station, NY 11746
(631) 425-2640

Helps people in the community gain the skills needed to succeed economically. In partnership with other local agencies and churches, the center offers a variety of services, including job placement, mentoring, computer training, and health-field training. Must be a resident of the Elwood, Harborfields, Huntington or South Huntington school districts.

Tri-Community and Youth Agency (Tri CYA)

310 West Hills Rd. Huntington Station, NY 11746

(631) 673-0614 (Huntington)
(631) 367-8891 (Cold Spring Harbor)
(631) 673-3303 (South Huntington)
(631) 549-8700 (24Hr. HOTLINE)

<http://town.huntington.ny.us>

Provides recreational, educational, cultural, employment and counseling programs for youth ages 10-21 in the school districts of Huntington, Huntington Station, and Cold Spring Harbor.

Project EXCEL

423 Park Avenue, Huntington, NY 11743
(631) 271-5547

A component of the Town of Huntington Youth Development research Institute, Project EXCEL offers youth academic and employment skills training, tutoring, GED, life skills, communication and conflict resolution skills, person skills training such as critical analysis planning and self-expression and expressive arts programs.

REACH Community and Youth Agency & Sanctuary

(see Support Services/Counseling, page 3)

Youth Directions and Alternatives (YDA)

7 Diane Ct.
East Northport, NY 11731
(631) 261-1460

This is a non-profit community and youth agency serving youth and their families in the districts of Elwood, Harborfields, and Northport / East Northport. It is for all youth, not limited to the gifted or disadvantaged.

Supportive Services for Pregnant and Parenting Teens

17 Westminster Ave.
Dix Hills, NY 11731
(631) 667-6000 ext. 304
www.wilsontech.org

Provides childcare, parenting instruction, and support services for pregnant and/or parenting high school students. Parenting instruction affords each student the necessary support and counseling in caring for his/her child. Home instruction is available for the period of disability before and after the birth of the child. Must be approved by home district.

Daytop Village, Inc.

2075 New York Avenue
Huntington Station, NY 11746
(631) 351-7112/13
www.daytop.com

Daytop offers substance abuse treatment services. Daytop is committed to addressing the substance abuse and life problems of adolescents and adults and to returning clients to society as productive, responsible and drug-free citizens. Treatment is provided to all clients without discrimination, including those without adequate financial resources.

Legal Services

Legal Aid Society of Suffolk County

400 Carelton Ave, 4th Floor
Central Islip, NY 11772
(631)853-5212
Monday-Friday Hours: 9 AM to 5 PM

Provides law services to the indigent population of Suffolk County. Guidelines for legal aid are set by the Federal poverty guidelines.

Military & Veteran Services

Veterans Administration Medical Center

79 Middleville Road
Northport, NY 11768
(631) 261-4400
<http://www.va.gov/health/elig>

Suffolk County United Veterans, Inc.

32 Mill Road
Yaphank, NY 11980
(631) 924-8088
(631) 654-7894 Fax
vetsplace@hotmail.com

The Suffolk County United Veterans provides a variety of essential services. Their mission is to give homeless veterans the support they need to regain their dignity and independence during these difficult times. They operate an emergency shelter as well as transitional, senior and permanent housing. In addition to housing, the Suffolk County United Veterans provide intensive needs assessment, benefits advocacy, case management, recreation, specialized workshops, supportive employment and training, education, transportation and a food pantry.

NYS Resources for Caregivers

NYS Office for the Aging Help Line and NYS Long Term Care Ombudsman (nursing home, adult home, and assisted living issues)

Call: 1-800-342-9871

Additional Phone Numbers for Care Givers:

NY Connects- helps you explore options in long term care: 1-800-342-9871

Adult protective services: 1-1800-342-3009

Child Abuse & Neglect Hotline: 1-800-342-3720

Kinship Caregivers: 1-877-87FRAUD

Medicare Rights Center-

Your guide through the Medicare maze. An independent, non-profit source for information about your health care rights and benefits: 1-800-333-4114

Managed Care Complaints (including commercial health plans and Medicaid Managed care): 1-800-206-8125

Complaints about physicians and physical assistants: 1-800-663-6114

Websites:

AARP's Family & Caregiving site: www.aarp.org/families

Alzheimer's Association: www.alz.org/apps/findus.asp: Search for a chapter near you

Alzheimer's Association CareFinder: www.alz.org/carefinder/index.asp

Family Caregiver Alliance: www.familycaregiver.org

Family Care Giving 101: www.familycaregiving101.org

Lotsa Helping Hands is an online tool for caregivers to help them arrange help.
<http://caregiver.lotsahelpinghands.com/>

Medicare Rights Center: www.medicarerights.org

School Districts in Huntington Township

Cold Spring Harbor Central School District
75 Goose Hill Road
Cold Spring Harbor, NY 11724
Dr. Judith Wilansky, Superintendent
(631) 367-5900

Commack Union Free School District
480 Clay Pitts Road
East Northport, NY 11731
Dr. Donald James, Superintendent
(631) 912-2010

Elwood Public Schools
100 Kenneth Avenue
Greenlawn, NY 11740
Mr. Peter Scordo, Superintendent
(631) 266-5400

Half Hollow Hills Central School District
525 Half Hollow Road
Dix Hills, NY 11746
Mrs. Kelly Fallon, Superintendent
(631) 592-3008

Harborfields Central School District
2 Oldfield Road
Greenlawn, NY 11740
Ms. Diana Todaro, Superintendent
(631) 754-5320

Huntington Public Schools
50 Tower Street
Huntington Station, NY 11743
Mr. James Polansky, Superintendent
(631) 673-2038

Northport-East Northport Public Schools
158 Laurel Avenue
Northport, NY 11768
Mr. Robert Banzer, Superintendent
(631) 262-6607

South Huntington Schools
60 Weston Street
Huntington Station, NY 11746
Dr. David Bennardo, Superintendent
(631) 812-3070

Important Numbers to Know:

Suffolk County Police Department Emergency-911

Non-Emergency Number-631-852-6000

CRIMESTOPPERS at 1-800-220-TIPS (8477) Don't be a victim! If you see a crime being committed, speak up! All calls are confidential and your identity will remain anonymous. Receive up to a \$5,000 REWARD for your tip that leads to an arrest.

POISON CONTROL-1-800-222-1222

HURRICANE EMERGENCY-631-852-4900

AMERICAN RED CROSS-631-924-6700

FIRE DEPARTMENTS & AMBULANCE – In Case of Emergency call 911

Centerport

Emergency-631-757-4444

Non-Emergency-631-261-5916

Cold Spring Harbor

Emergency-631-692-4747

Non-Emergency-631-692-6772

Commack

Emergency-631-499-5777

Non-Emergency-631-499-6690

East Northport

Emergency-631-261-1110

Non-Emergency-631-261-0360

Eaton's Neck

Emergency-631-757-5700

Non-Emergency-631-757-8932

Greenlawn

Emergency-631-261-1616

Non-Emergency-631-261-9103

Halesite

Emergency-631-427-7250

Non-Emergency-631-427-1910

Huntington **

Emergency-631-421-3131

Non-Emergency-631-427-3030

Ambulance served by **Huntington Community First Aid Squad-421-1212

Huntington Manor **

Emergency-631-385-3434

Non-Emergency-631-427-1629

Ambulance served by **Huntington Community First Aid Squad-421-1212

Northport

Emergency-631-757-1111

Non-Emergency-631-261-7504