

SUFFOLK COUNTY LEGISLATURE

WILLIAM R. SPENCER
SUFFOLK COUNTY LEGISLATOR

EIGHTEENTH DISTRICT
15 PARK CIRCLE, SUITE 209
CENTERPORT, NY 11721



CONTACT: **JENNIFER MISH**
LEGISLATIVE AIDE

OFFICE: 631-854-4500
Fax: 631-854-4503

Jennifer.Mish@suffolkcountyny.gov

MEDIA RELEASE

January 28, 2016

Legislator Spencer Encourages Residents to Give the Gift of Life this Winter

Centerport, NY - In the spirit of January being National Blood Donor Month, Suffolk County Legislator William R. Spencer, M.D. urges residents to make the commitment to give blood at one of the upcoming drives in our community.

"The winter months are typically the most difficult time of year for blood banks and hospitals. Especially when inclement weather hits, many local blood drives are cancelled or experience low turnout." said Legislator Spencer. "Your donation can help prevent a shortage and save up to 3 lives!"

Every two seconds someone in the U.S. is in need of blood, and nearly 41,000 units are used in hospitals each day. The need for blood is much more widespread than many realize as it is often used as part of routine treatment for illnesses such as cancer, liver disease, kidney disease, severe infections, and bleeding disorders. While nearly 38% of the population is healthy enough to donate, less than 10% of people do.

Here are a few things you need to know if you plan to donate: Donors must be 17 years of age or older (or 16 with parental consent), weigh at least 110 pounds and be feeling "in good health" on the day of donation. Remember to bring a photo ID, and be prepared to spend 30-45 minutes in the donation process.

Upcoming Blood Drives

Saturday, January 30th from 9:45 AM - 2:15 PM
Dix Hills Evangelical Church
28 Foxhurst Rd. Dix Hills, 11746

Monday, February 1st from 6:45 AM - 4:45 PM
Northport VA Medical Center
79 Middleville Rd. Northport, 11768

Monday, February 1st from 3:00 PM - 9:00 PM
Church of Saint Anthony of Padua
20 Cheshire Place East Northport, NY 11731

Monday, February 8th from 3:30 PM - 8:00 PM
Henry L. Stimson Middle School
401 Oakwood Rd. Huntington Station, NY 11746

Thursday, February 11th from 1:15 PM - 7:15 PM
Countrywood Primary Center
499 Old Country Rd. Huntington Sta. NY 11746

Thursday, February 18th from 1:00 PM - 7:00 PM
Harborfields Public Library, Community Room
31 Broadway, Greenlawn, NY 11740

Sunday, February 21st from 9:30 AM - 2:00 PM
Unitarian Universalist Fellowship
109 Brown's Rd. Huntington, NY 11743

Monday, February 22nd from 2:00 PM - 8:00 PM
Signature Premier Properties
157 East Main St. Huntington, NY 11743

Or schedule a donation at the Melville Donor Center. Various dates/times are available.

Visit <http://www.nybloodcenter.org/>

###