

SUFFOLK COUNTY LEGISLATURE

WILLIAM R. SPENCER, M.D.
SUFFOLK COUNTY LEGISLATOR
EIGHTEENTH DISTRICT
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MEDIA ADVISORY

FEBRUARY 3, 2016

Doc Spencer says, "Be Good to Your Heart!"



Suffolk County Legislator William R. Spencer, M.D., will be joined by the American Heart Association, County Executive Steve Bellone and his colleagues on the Suffolk County Health Committee to encourage our communities, health professionals and families to work together to make heart healthy decisions. Heart disease is the leading cause of death for men and women in the United States and 1 of every 4 deaths are caused by heart disease. With February being American Heart Month, raising awareness on how to prevent heart disease at home and within the community will help save lives. *And remember, Friday February 5th is National Wear Red Day. Wear red and show your support for saving women's lives. Heart disease and stroke kill 1 in 3 women, yet it's 80% preventable.*

WHO: Suffolk County Executive Steve Bellone
Suffolk County Legislator William R. Spencer, M.D., 18th Legislative District
Suffolk County Legislator Bridget Fleming
Suffolk County Legislator Monica Martinez
Suffolk County Department of Health Services Commissioner Dr. James Tomarken
Chairman of the American Heart Association's Long Island Board of Directors Marc Hamroff

Invited:

*Presiding Officer DuWayne Gregory
Suffolk County Legislator Robert Calarco
Suffolk County Legislator Tom Cilmi
Suffolk County Legislator Leslie Kennedy
Suffolk County Legislator Robert Trotta*

WHAT: February is American Heart Month; Suffolk County Elected Officials and the American Heart Association bring attention to heart healthy decisions that can help save lives!

WHEN: Thursday, February 4, 2016 at 2:15 PM

WHERE: Lobby of William H. Rogers Legislature Building, 725 Vets Memorial Hwy, Hauppauge, NY

*****All Members of the Public and Media Are Welcome and Encouraged to Attend*****

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