

# THURSDAY'S THOUGHTS

From Suffolk County Legislator

**William R. Spencer, M.D.**



**GREETINGS 18TH LEGISLATIVE DISTRICT RESIDENTS!**

– Greenlawn – Centerport – Northport – Asharoken – Eaton's Neck – Huntington – Halesite –  
– Huntington Bay – Huntington Station – Lloyd Harbor – Cold Spring Harbor – East Northport –



Dear Neighbor,

With a new school year underway, we are reminded again of the dangers of texting while driving, and distracted driving in general. According to the National Safety Council, cell phone use while driving leads to 1.6 million crashes and nearly 330,000 injuries each year. We all know the dangers, but distractions persist and lives continue to be lost.

Talking about this issue and speaking up when others choose to make dangerous choices behind the wheel has a profound impact, particularly on our young people. 90% of teens say they'd stop texting while driving if a friend in the car asked them to and 93% would stop if a parent in the car asked them to.

There is nothing worth risking your life or someone else's while driving. The time is now to have an open and direct conversation about the dangers of distracted driving. Slow down and disconnect to make our roads a safer place.

I am encouraging all drivers, young and old, to take the pledge to never text and drive; it can wait. Visit <http://www.itcanwait.com/pledge>.

~ Legislator "Doc" Spencer

# *Down Payment Assistance for First-Time Homebuyers Applications are now being accepted!*



Suffolk County residents may be eligible to receive assistance with making homeownership a reality through the HOME Consortium Down Payment Assistance Program. The program, which is coordinated through the Office of Community Development, offers first time home buyers the opportunity to apply for grant of up to \$10,000 to assist with the down payment toward the purchase of an owner-occupied, single family residence. The Suffolk County HOME Consortium area covers all Suffolk towns except for Islip and Babylon and certain incorporated villages in Southold and Shelter Island. Since the launch of the program, more than 1,700 Suffolk County families have achieved home ownership through down payment assistance program.

**\*\* DEADLINE: NOVEMBER 30<sup>TH</sup> \*\***

**FOR GUIDELINES AND APPLICATIONS [CLICK HERE](#).**

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ST. PARASKEVI GREEK ORTHODOX CHURCH

## **GREEK FEST 2016**

AUTHENTIC GREEK GRILL, SEAFOOD, PASTRIES, BEER, WINE & MORE!

SEPTEMBER 16, 17 & 18

FRIDAY & SATURDAY 11 AM TO 11 PM

SUNDAY NOON TO 9 PM



RIDES, GAMES, MUSIC, DANCERS, FLEA MARKET & EXCITING VENDORS

Pulaski Road, Greenlawn / [stparaskevi.org](http://stparaskevi.org) / (631) 261-7272

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***\*Save the Date!\****

# **3<sup>rd</sup> Annual Job Fair**

***In Recognition of National Disability Employment Awareness Month***

*Presented by the Suffolk County Department of Labor & the Office for People with Disabilities*



***Friday, October 7, 2016 from 10:00 A.M. – 1:00 P.M.***

*At The Suffolk County One-Stop Employment Center  
725 Veterans Memorial Highway, Hauppauge, NY 11788*

***Companies in attendance will include: CA Technologies \* Cam Consulting \*  
Canon \* East End Disability Associates \* Express Employment Professionals \*  
Harris Corporation \* Henry Schein \* Home Depot \* NY Community Bank \*  
Suffolk County National Bank***

All are welcome; no registration required; bring copies of your resume and dress to impress.

\*If you are in need of proper interview attire, please contact Career Couture @ (631) 853-6769\*

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## **Great Cow Harbor Day Weekend!**



Cow Harbor Day is an annual festival celebrating the end of summer and the history of the village of Northport, which was once known as Great Cow Harbor as cows used to graze on the fields along the Harbor. The Great Cow Harbor 10K will kick off the weekend on Saturday, and Sunday will be packed with fun activities for all, beginning with the traditional parade down Main Street at 12:00 noon.

### **Schedule of Events**

#### **Saturday, September 17<sup>th</sup>: Cow Harbor 10K Race**

<b>8:30 AM</b>	Great Cow Harbor 10K Race Kicks-Off! View the race on Main Street.
<b>8:48 AM</b>	2K Fun Run / Walk
<b>6:00 PM</b>	Decorated boat display on Village Dock
<b>8:00 PM</b>	Concert at the Band Shell, Village Park

#### **Sunday, September 18<sup>th</sup>: Cow Harbor Day**

<b>12:00 pm</b>	Parade begins at William Brosnan School, Laurel Ave.
<b>1:00 - 5:00 PM</b>	Cow Harbor Day Fair on Main Street. Music, vendors, games, rides, waterfront activities.
<b>2:00 PM</b>	Crazy Boat Races

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# September 22<sup>nd</sup> is Car Free Day on Long Island!



Next Thursday, Long Islanders are encouraged to go car-free or car-lite to help reduce their carbon footprint and celebrate sustainable transportation. If possible, try to walk, bike, carpool, or take mass transit to work or school! For more information or to take the pledge to go car-free visit <http://carfreedayli.com/>.

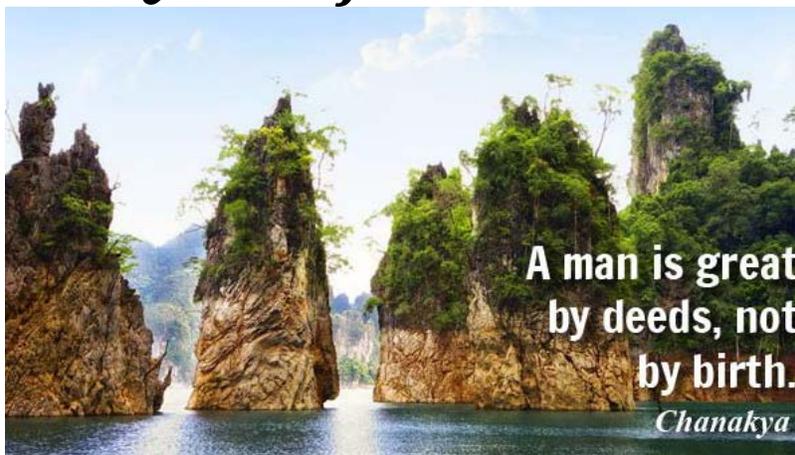
## \*Resources that can help you be Car Free or Car-Lite\*

- [MTA](#) - For LIRR and NYC subway and bus maps, schedules and fare information.
- [LIRR Train Time app](#) - Free download, provides information on LIRR Train Times and Fares.
- [Suffolk County Transit](#) - For Suffolk County Transit bus maps, schedules and fare information.
- [HART](#) - For information on the Huntington Area Rapid Transit bus maps, fares and schedules.
- [511NY](#) Long Island has an extensive transit system. Plan car-free routes with the 511NY online trip planner.
- [Google Maps](#) - Use Google's trip planner to select a transit, biking or walking route.

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## Quote of the Week...



Sincerely,

*William R. Spencer, M.D.*

Suffolk County Legislator  
18<sup>th</sup> Legislative District

Feel free to stop by my office or contact me by e-mail, [william.spencer@suffolkcountyny.gov](mailto:william.spencer@suffolkcountyny.gov), or by phone at (631)854-4500. Like receiving Thursday's Thought? Be sure to tell your friends about it!

If you would like to be removed from our mailing list, e-mail [jennifer.mish@suffolkcountyny.gov](mailto:jennifer.mish@suffolkcountyny.gov).