

# THURSDAY'S THOUGHTS

From Suffolk County Legislator

**William R. Spencer, M.D.**



**GREETINGS 18TH LEGISLATIVE DISTRICT RESIDENTS!**

– Greenlawn – Centerport – Northport – Asharoken – Eaton's Neck – Huntington – Halesite –  
– Huntington Bay – Huntington Station – Lloyd Harbor – Cold Spring Harbor – East Northport –

Dear Neighbor,

Next Wednesday, I am hosting a free seminar with Supervisor Frank Petrone for local business owners and professionals in Huntington. "Charting the Course" will bring information regarding the array of government services available on the state, county and town levels to our local businesses. The forum will provide an opportunity for stakeholders to engage with elected officials, key government agencies, and their business counterparts.

In Suffolk County and Huntington, we want the business community to know that they are important to the fabric of our region and that our government services are accessible to all. We hope that those who join us not only gain valuable information which will help them move their business forward, but that together we can open up dialogue on how to better serve and address the challenges faced by our local businesses.

Please share this information with anyone you know who may benefit from attending. RSVP by calling 631-854-4500 or emailing [Elizabeth.alexander@suffolkcountyny.gov](mailto:Elizabeth.alexander@suffolkcountyny.gov).

~ Legislator William Spencer

~ Greenlawn ~ Centerport ~ Northport ~ Asharoken ~ Eaton's Neck ~ Huntington ~ Halesite ~  
~ Huntington Bay ~ Huntington Station ~ Lloyd Harbor ~ Cold Spring Harbor ~ E. Northport ~

## Charting the Course

"Where Business Meets Opportunity"  
In Huntington, We Mean Business

A large, detailed compass rose graphic is the central focus of the flyer. It features cardinal and intercardinal directions (N, NE, E, SE, S, SW, W, NW) and degree markings. The compass is set against a background of a map showing various geographical features and place names.A small, square portrait of William R. Spencer, M.D., is positioned in the lower-left corner of the flyer. He is wearing a suit and tie and is smiling.A small, square portrait of Supervisor Frank Petrone is positioned in the lower-left corner of the flyer, below the portrait of William R. Spencer. He is wearing a suit and tie and is smiling.

When  
Wednesday, November 2, 2016  
8:30am – 11:30am

Where  
LaunchPad Huntington  
315 Main Street, 2<sup>nd</sup> Floor  
Huntington, NY 11743

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***Wishing Everyone a Safe & Happy Halloween!***  
*Below I've included some important tips to keep in mind when celebrating, as well as family friendly happenings around town. Enjoy!*

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## **Safe Halloween Tips**



### **General Halloween Safety**



- To guard against trips and falls, make sure that all costumes and shoes are well-fitted.
- Purchase costumes that are light, bright, and clearly visible to motorists. Consider using reflective tape on costumes that are dark.
- Consider using makeup as an alternative to masks which can restrict vision. IF you are using a mask, be sure to fit them securely to maintain adequate ventilation and vision.
- Keep candles and jack-o-lanterns away from landings, doorsteps, curtains, and decorations.
- To protect the safety of trick-or-treaters, remove obstacles from your lawn, steps, or porch.
- Report any suspicious activities, persons, or treats to the police.

**\*For Non-Emergencies, Call  
852-COPS (2677); For  
Emergencies, Dial 911\***



### **Trick-or-Treating Safety**



- Take your child trick-or-treating during daylight hours.
- Always make sure there is an adult present when children go trick-or-treating.
- Consider attending public events at schools and community places as an alternative to traditional trick-or-treating.
- Make sure children know your cellphone number, their home phone number, and address in case you get separated.
- Instruct children not to eat any treats before an adult has examined them carefully for evidence of tampering.
- Discard any unwrapped, ripped or discolored items. Stay away from homemade candy or baked goods.



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# Halloween Happenings Around Town

## Events on Sunday, October 30<sup>th</sup>

### Halloween Hayride

*Sponsored by the Northport Chamber of Commerce*

**Sunday, October 30<sup>th</sup> from 12:00 to 4:00 pm**  
**Village Park, Northport**

Admission: \$5.00 per person. Music by DJ Tom Bruno. Admission includes: \* Halloween Hayride \* 1 Pumpkin Per Child (with ticket) \* Refreshments provided by Copenhagen Bakery \* Pumpkin Painting \* Petting Zoo \* Costume Contest With Prizes at 2:00pm \* Halloween Treats\*

### Trick-or-Treat at the Museum

**October 30<sup>th</sup> from 11:00am – 5:00pm**  
**Heckscher Museum of Art, 2 Prime Ave Huntington**

Take a trip down to the museum to trick or treat in your Halloween costume! Receive a treat along the way and take part in a fun hands-on activity. Free Museum admission for children and their families in costume on Halloween!

## Events on Monday, October 31<sup>st</sup>

### Greenlawn Safe Halloween

**3:00pm-7:00pm**

Trick or treat at local businesses in Greenlawn and visit spooky sites along the way! Look for a safe Halloween flyer in the window of participating merchants.

### Huntington Village Costume Parade

**4:00pm**

Enjoy a costume parade for children of all ages and their parents or guardians. Parade will begin at Gerald Street and will move east down Gerard Street and south down Wall Street, ending at the intersection with Main Street (25A). Village merchants will be passing out treats.

### Walt Whitman Mall Safe Halloween

**12:00pm – 8:00pm**

Walt Whitman Shops is inviting children 12 years of age and younger to safe trick-or-treating. Look for the orange pumpkin graphic in the store windows that have candy or other treats.

**\*Please note that masks and toy weapons are not permitted in the center, and hooded apparel that covers the head and the face are not permitted \***

### Northport Trick-or-Treat Safe Zone

**Main Street, Northport**

**1:00pm – 4:00PM**

Pumpkin signs will be posted in the windows of participating merchants.



# Learn To Be Tobacco Free

## 6-Week Smoking Cessation Class



**Tuesdays, beginning November 15<sup>th</sup> at 6:00pm**  
at Harborfields Public Library, 31 Broadway, Greenlawn, NY 11740



Sponsored by the Suffolk County Department of Health, this program will teach participants stress management, behavior modification, and relaxation techniques to help maintain a smoke free life style. The classes are free to Suffolk County residents and conducted by Public Health Educators.

To register, call 631-757-4200.

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## Celebrating Hispanic Heritage Month



It was an honor to join the Town of Huntington last Friday at their 22<sup>nd</sup> Annual Hispanic Heritage Celebration, where 20 exceptional high school students were recognized for their accomplishments and contributions to their school and our community. Congratulations to Dr. Javier Vieytez, a local pediatrician who was the keynote speaker for this year's event!

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*Just 2 More Days to Register!*



*2<sup>nd</sup> Annual Suffolk County Marathon*  
*10.30.16*

Register for the Suffolk County Marathon, Half Marathon or 5k! All proceeds from this event will be used to enhance services for veterans throughout Suffolk. The Suffolk Marathon serves as qualifier race for the 2018 Boston Marathon. For more information, or to sign-up, visit <http://suffolkmarathon.com/>.

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**Huntington Opportunity Resource Center's Veteran Services Day**

1264 New York Avenue, Huntington Station NY 11746 - (631) 385-2305

**Friday, October 21, 2016—Friday, November 4, 2016—Friday, December 9, 2016**  
**10 am to 3 pm**

in partnership with Suffolk County Government

Connecting our Veterans with Veteran Service providers, Human Services providers and other Not for-Profit Agencies in one convenient location on a monthly basis.

*"Serving Those Who Have Served"*

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## Quote of the Week...

**"You may have a fresh start any moment you choose, for this thing that we call 'failure' is not the falling down, but the staying down."**

~Mary Pickford

*Sincerely,*

*William R. Spencer, M.D.*

**Suffolk County Legislator**  
**18<sup>th</sup> Legislative District**

*Feel free to stop by my office or contact me by e-mail, [william.spencer@suffolkcountyny.gov](mailto:william.spencer@suffolkcountyny.gov), or by phone at (631)854-4500. Like receiving Thursday's Thought? Be sure to tell your friends about it!*

*If you would like to be removed from our mailing list, e-mail [jennifer.mish@suffolkcountyny.gov](mailto:jennifer.mish@suffolkcountyny.gov).*