Steven Bellone
Suffolk County Executive

H. Lee Dennison Bldg.
100 Veterans Memorial Hwy
P.O. Box 6100
Hauppauge, NY 11788

2020

(REV 3/20)

Suffolk County Directory of Behavioral Health Services

Guide to Services and Supports

Ann Marie Csorny, LCSW-R, DIRECTOR
Suffolk County Division of Community Mental Hygiene Services
725 William J. Lindsay Complex - Building C016
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COUNTY OF SUFFOLK

STEVEN BELLONE
SUFFOLK COUNTY EXECUTIVE

DEPARTMENT OF HEALTH SERVICES

GREGSON H. PIGOTT, MD, MPH
Commissioner

April 27, 2020

Dear Suffolk County Resident,

I am pleased to present this updated comprehensive directory of behavioral health prevention, education, treatment, recovery services and supports. The directory is the result of efforts of the Division's various subcommittees and workgroups. The services listed vary, so we have provided a glossary of terms to assist you.

The past year has been an exciting year for the residents of Suffolk County, In March of 2019 we launched the first ever comprehensive behavioral health countywide crisis response initiative. DASH (Diagnostic, Assessment, and Stabilization Hub) opened its doors to serve the residents of Suffolk County. Over the past year more than five thousand (5,000) Suffolk County residents were seen on site; most linked to the provider of their choice in the community for ongoing care.

The DASH program operates 24/7/365 providing a wide range of services for persons and their families experiencing behavioral health needs. You can access the program via the hotline (631) 952-3333, in person at the center in Hauppauge, or a Mobile Response Team can visit with you in the community.

If you have revisions or updates to the information found in this directory, please contact the Suffolk County Department of Health, Division of Community Mental Hygiene Services by telephone at (631) 853-8500.

Sincerely,

Ann Marie Csorny

Ann Marie Csorny, LCSW, Director
Suffolk County Division of Community Mental Hygiene Services

Public Health
Prevent. Promote. Protect.

DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES
William J. Lindsay County Complex, Bldg. C016
725 Veterans Memorial Highway, PO Box 6100, Hauppauge, NY 11788
(631) 853-8500 | Fax (631) 853-3117

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EMERGENCY PHONE NUMBERS & CRISIS INTERVENTION SERVICES

Suffolk County Crisis Response - DASH (Diagnostic, Assessment, and Stabilization Hub) - 90 Adams Ave., Hauppauge, NY 11788	(631) 952-3333
CPEP Program at Stony Brook (Psychiatric ER)	(631) 444-6050
Crisis Residence (Pilgrim)	(631) 761-2929
Domestic Violence, Sexual Assault 24-hr. Hotline	(631) 360-3606
Community Crisis Action Team/Joe's Project – Family Service League	(888) 375-2228
Response Hot Line - www.responsehotline.org	(631) 751-7500
LICADD Substance Abuse Hotline 24-hr. Hotline	(631) 979-1700
Suicide Prevention Lifeline	(631) 800-273-TALK (8255)
Talbot House, 24-hr. Substance Abuse Crisis	(631) 589-4144
APS (Adult Protective Services)	(631) 854-3195
CPS (Child Protective Services)	(800) 342-3720
Long Island Crisis Center	(516) 679-1111
SC Department of Social Services Emergency Services-Hotline (4:30pm- 8 am)	(631) 854-9100
SC Department of Social Services Commissioner's Response Unit (8am-4:30pm)	(631) 854-9935
Sagamore Children's Crisis Respite House & Suffolk Crisis Respite Bed Network	(631) 370-1701
Children's Home Based Crisis Intervention (WELLLIFE Network LINK)	(631) 920-8302

INPATIENT PROGRAMS

MENTAL HEALTH

Location	INPATIENT PSYCHIATRIC PROGRAMS	Address	Phone	Pop
Amityville	BRUNSWICK HALL (Division of Brunswick Hospital)	81 Louden Ave Amityville, NY 11701	(631) 789-7130	Adult & Children
Amityville	SOUTH OAKS HOSPITAL	400 Sunrise Hwy Amityville, NY 11701	(631) 608-5610	Adult & Children
Dix Hills	SAGAMORE CHILDREN'S PSYCHIATRIC CENTER	197 Half Hollow Rd Dix Hills, NY 11746	(631) 370-1700	Children
Greenport	EASTERN LONG ISLAND HOSPITAL	201 Manor Place Greenport, NY 11944	(631) 477-1000 x 5394	
Huntington	HUNTINGTON HOSPITAL	270 Park Avenue Huntington, NY 11743	(631) 351-2434	
Northport	VETERANS ADMINISTRATION MEDICAL CENTER	79 Middleville Rd Northport, NY 11768	(631) 261-4400 x2785	
Patchogue	LONG ISLAND COMMUNITY HOSPITAL	101 Hospital Road Patchogue, NY 11772	(631) 654-7760	
Port Jefferson	JOHN T. MATHER MEMORIAL HOSPITAL	75 N Country Rd Port Jefferson, NY 11777	(631) 473-1320 x 5800 (18+) x 5820 (12-17)	Adult & Adolescents (12-17)

Smithtown	ST. CATHERINE OF SIENA MEDICAL CENTER	50 Rte. 25A Smithtown, NY 11787	(631) 862-3000	
Stony Brook	STONY BROOK UNIVERSITY HOSPITAL	101 Nichols Rd Stony Brook, NY 11794	(631) 687-8333	Adult & Children
West Brentwood	PILGRIM PSYCHIATRIC CENTER (NYS OMH)	998 Crooked Hill Rd W. Brentwood, NY 11717	(631) 761-3500	

Location	PARTIAL HOSPITALIZATION & DAY TREATMENT	Address	Phone	Pop
Dix Hills	SAGAMORE CHILDREN'S PSYCHIATRIC CENTER, DAY TREATMENT PROGRAM	197 Half Hollow Rd Dix Hills, NY 11746	(631) 370-1895	Children
Amityville	SOUTH OAKS HOSPITAL PARTIAL HOSPITALIZATION PROGRAM	400 Sunrise Hwy Amityville, NY 11701	(631) 608-5340 (631) 608-5885	Children
Port Jefferson	JOHN T. MATHER MEMORIAL HOSPITAL, PARTIAL HOSPITALIZATION PROGRAM	100 Highland Blvd Suite 201 Port Jefferson, NY 11777	(631) 473-3877 x 17955 (A) x 14858 (C)	Adult & Adolescents (12-17)

SUBSTANCE USE DISORDERS

Location	DETOXIFICATION (Withdrawal & Stabilization)	Address	Phone	Pop
Amityville	SOUTH OAKS	400 Sunrise Highway Amityville, NY 11701	(631) 608-5610	Adult & Children
Bohemia	CATHOLIC CHARITIES TALBOT HOUSE	30-C Carlough Road Bohemia, NY 11716	(631) 589-4144	Adult & Children
Greenport	STONY BROOK, EASTERN LONG ISLAND HOSPITAL	201 Manor Place Greenport, NY 11944	(631) 477-5148	
Hampton Bays	LONG ISLAND CENTER FOR RECOVERY	320 W. Montauk Hwy Hampton Bays, NY 11946	(631) 728-3100	
Lake Ronkonkoma	PHOENIX HOUSE of LI, Inc.	153 Lake Shore Rd Lake Ronkonkoma, NY 11779	(631) 306-5710	
Port Jefferson	ST. CHARLES HOSPITAL	200 Belle Terre Road Port Jefferson, NY 11777	(631) 474-6981	
Westhampton Beach	SEAFIELD CENTER	7 Seafield Lane Westhampton Beach, NY 11978	(631) 288-1122	

Location	INPATIENT - REHABILATION	Address	Phone	Pop
Amityville	SOUTH OAKS	400 Sunrise Highway, Amityville NY 11701	(631) 608-5610	

Brentwood	CHARLES K. POST ATC	998 Crooked Hill Road, Bldg 1, West Brentwood, NY 11717	(631) 434-7207	
Greenport	EASTERN LONG ISLAND HOSPITAL	201 Manor Place Greenport, NY 11944	(631) 477-8877	
Hampton Bays	LONG ISLAND CENTER FOR RECOVERY	320 W. Montauk Hwy, Hampton Bays, NY 11946	(631) 728-3100	
Port Jefferson	ST. CHARLES HOSPITAL	200 Belle Terre Rd Port Jefferson, NY 11777	(631) 474-6233	
Westhampton Beach	SEAFIELD CENTER	7 Seafield Lane Westhampton Beach, NY 11978	(631) 288-1122	
Location	**RESIDENTIAL**	**Address**	**Phone**	**Pop**
Brentwood	CHARLES K. POST ATC	998 Crooked Hill Rd, Bldg. 1 PPC Campus, W. Brentwood, NY 11717	(631) 434-7200	
Brentwood	OUTREACH House II	400 Crooked Hill Road, Brentwood, NY 11717	(631) 231-3232	Adolescent
Brentwood	OUTREACH Recovery Center at Pilgrim State	998 Crooked Hill Rd, Bldg 5, Brentwood, NY 11717	(631) 521-8400	Adult
Brentwood	OUTREACH Recovery Residential for Women	400 Crooked Hill Road, Brentwood, NY 11717	(631) 469-6200	
Dix Hills	SCO MADONNA HEIGHTS – Morning Star I	151 Burrs Lane, Dix Hills, NY 11746	(631) 643-0849	Adult Women
Dix Hills	SCO MADONNA HEIGHTS – Morning Star II	151 Burrs Lane, Dix Hills, NY 11746	(631) 643-6663	Adult Women / Child to age 5
East Hampton	THE DUNES	201 Ford Pond Blvd, Suite 1, E. Hampton, NY 11937	(631) 604-5405	
Hauppauge	PHOENIX HOUSE of LI, Inc.	220 Veterans Hwy, Hauppauge, NY 11788	(631) 979-0922	
Lake Ronkonkoma	PHOENIX HOUSE of LI, Inc.	153 Lake Shore Rd Lake Ronkonkoma, NY 11779	(631) 306-5710	
Wainscott	PHOENIX HOUSE of LI, Inc.	95 Industrial Rd, Wainscott, NY 11975	(631) 537-2891	

OUTPATIENT PROGRAMS

CLINICS: MENTAL HEALTH

Location	OUTPATIENT CLINICS	Address	Phone	Pop
Amityville	SOUTH OAKS AFFILIATE	400 Sunrise Hwy, Amityville, NY 11701	(631) 608-5620 (631) 608-5900	Adult & Children
Bay Shore	CATHOLIC CHARITIES Bay Shore Center	21 4th Ave Bay Shore, NY 11706	(631) 665-6707	Adult & Children
Bay Shore	FAMILY SERVICE LEAGUE The Iovino South Shore Family Center	1444 Fifth Ave. Bay Shore, NY 11706	(631) 647-3100	Adult
Bay Shore	RBK PEDIATRICS (satellite of CATHOLIC CHARTIES)	20A South Saxon Ave. Bay Shore, NY 11706	(516) 736-5216	Children
Brentwood	BRENTWOOD MENTAL HEALTH CLINIC	1841 Brentwood Rd. Brentwood, NY 11717	(631) 853-7300	Adult & Children
Center Moriches	COMMUNITY COUNSELING SERVICES	408 Main St South, Ste 3 Center Moriches, NY 11934	(631) 874-0185	
Central Islip	FAMILY SERVICE LEAGUE The Central Islip Clinic	320 Carleton Ave, Central Islip, NY 11722	(631) 663-4300	Adult & Children
Commack	RBK PEDIATRICS (satellite of CATHOLIC CHARITIES)	646 Commack Rd Commack, NY 11725	(516) 736-5216	Children
Copiague	New Horizons Counseling Center	445 Oak Street Copiague, NY 11726	(631) 257-5173	Adult & Children
Dix Hills	SCO MADONNA HEIGHTS	151 Burrs Ln Dix Hills, NY 11746	(631) 253-3480	Adult & Children
East Hampton	FAMILY SERVICE LEAGUE East Hampton Center	316 Accabonac Rd, E. Hampton, NY 11937	(631) 324-3344	Adult & Children
Farmingville	FARMINGVILLE MENTAL HEALTH CENTER	15 Horseblock Pl, Farmingville, NY 11738	(631) 854-2552	Adult & Children
Greenport	FAMILY SERVICE LEAGUE, Greenport Clinic	Sterling Commons, Unit 27, Front Street,	(631) 298-8642	Adult & Children

		Greenport, NY 11944		
Hauppauge	FAMILY WELLNESS CENTER (FREE)	120 Plant Ave. Hauppauge, NY 11788	(631) 273-1300	Adult
Huntington	FAMILY SERVICE LEAGUE	55 Horizon Dr Huntington, NY 11743	(631) 396-2300	Adult & Children
Islip	YOUTH ENRICHMENT SERVICES (YES)	401 Main Street, Room 108, Islip, NY 11751	(631) 446-1950	Adult & Children
Mastic	FAMILY SERVICE LEAGUE Mastic Center	1235 Montauk Highway, Mastic, NY 11950	(631) 924-3741	Adult & Children
Mattituck	FAMILY SERVICE LEAGUE Mattituck Center – North Fork Counseling	7555 Main Rd., Mattituck, NY 11952	(631) 298-8642	Adult & Children
Medford	CATHOLIC CHARITIES Medford Center	1727 North Ocean Avenue, Medford, NY 11763	(631) 654-1919	Adult & Children
Medford	YAPHANK ADULT & GERIATRIC Pilgrim Outpatient Center	31 Industrial Blvd., Medford, NY 11763	(631) 924-4411	Adult
Oakdale	SKILLS UNLIMITED MENTAL HEALTH CLINIC	405 Locust Avenue, Oakdale, NY 11769	(631) 567-1626	Adult
Patchogue	FEDERATION OF ORGANIZATIONS Wyandanch Mental Health Clinic, Eastern Satellite	456 Waverly Ave., Patchogue, NY 11772	(631) 782-6200	Adult
Patchogue	SAGAMORE CHILDREN'S CENTER Waverly Avenue Clinic	440-14 Waverly Ave Patchogue, NY 11772	(631) 654-2077	Children
Port Jefferson	JOHN T. MATHER OUTPATIENT Mental Health Clinic	125 Oakland Ave, Ste. 303 Port Jefferson, NY 11777	(631) 729-2140	Adult
Port Jefferson	HOPE HOUSE MINISTRIES	1 High St, Port Jefferson, NY 11777	(631) 928-2377	Adult
Riverhead	FAMILY SERVICE LEAGUE Riverhead Center	400 West Main St. Riverhead, NY 11901	(631) 369-0104	Adult

Riverhead	OPTI HEALTHCARE MENTAL HEALTH CENTER – Riverhead Center	883 E. Main St, Riverhead, NY 11901	(631) 284-5500	Adult
Riverhead	PECONIC CENTER Pilgrim Outpatient Center	550 E. Main St, Ste 103, Riverhead, NY 11901	(631) 369-1277	Adult
Riverhead	RIVERHEAD MENTAL HEALTH CENTER	300 Center Drive, Riverhead, NY 11901	(631) 852-1440	Adult & Children
Smithtown	NEW HORIZONS COUNSELING CENTER	11 Route 111, 2nd Fl, Smithtown, NY 11787	(631) 656-9550	Adult & Children
Smithtown	OPTI HEALTHCARE MENTAL HEALTH CENTER – Meadow Glen Center	75 Landing Meadow Rd, Smithtown, NY 11787	(631) 360-4700	Adult
Shirley	HUDSON RIVER HEALTHCARE	550 Montauk Hwy, Shirley, NY 11967	(631) 490-3044	Adult & Children
Stony Brook	UNIVERSITY HOSPITAL AT STONY BROOK Clinic Treatment Program	2500 Nesconset Hwy, Bldg. 2, Stony Brook, NY 11790	(631) 632-9510 New pt: x 5878 Current pt: 490-3044	Adult MM
Stony Brook	UNIVERSITY MEDICAL CENTER SUNY STONY BROOK Child Psychiatry Clinic	Putnam Hall, South Campus Stony Brook, NY 11794	(631) 632-8850 (631) 632-9510	Children
West Brentwood	BUCKMAN CENTER	998 Crooked Hill Rd., Bldg. 47, W. Brentwood, NY 11717	(631) 761-2289	
West Brentwood	WESTERN SUFFOLK CENTER	998 Crooked Hill Rd., Bldg. 56, W. Brentwood, NY 11717	(631) 761-2082	
Westhampton Beach	FAMILY SERVICE LEAGUE Family Counseling Center – Westhampton Beach Clinic	40 Main St, Westhampton Beach, NY 11978	(631) 288-1954	Adult & Children
Westhampton Beach	HAMPTON PSYCHOLOGICAL CENTER	12 Oak Street, Westhampton Beach, NY 11978	(631) 255-7715	Adult
Wyandanch	FEDERATION OF ORGANIZATIONS	240-A Long Island Ave, Wyandanch, NY 11798	(631) 782-6200	Adult & Children

MENTAL HEALTH: MOBILE CLINIC (SPECIALIZED CLINIC PROGRAM, CHILDREN ONLY)

FAMILY SERVICE LEAGUE WEST (North of LIE to Nichols Rd & North/South of LIE Nichols Rd to William Floyd Pkwy)	(631) 663-4300
FAMILY SERVICE LEAGUE EAST (William Floyd Pkwy East)	(631) 298-8642

MENTAL HEALTH: ON TRACK NY (SPECIALIZED CLINIC PROGRAM, 16 and up)

Suffolk On Track - South Oaks	400 Sunrise Hwy, Amityville NY	631 608-5558

MENTAL HEALTH: JAIL BASED BEHAVIORAL HEALTH SERVICES

Suffolk County Division of Community Mental Hygiene	100 Center Drive, Riverhead, NY	631 852-1851

SUBSTANCE USE DISORDERS **for more information on Suboxone Providers see Buprenorphine Practitioner Locator: www.samhsa.gov/medication-assisted-treatment**

Location	OPIOID TREATMENT PROGRAMS (OTP)	Address	Phone	Pop
Hauppauge	SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES, INC. DIVISION OF COMMUNITY MENTAL HYGIENE	725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. 151 , Hauppauge, NY 11788	(631) 853-6410	
Hauppauge		200 Wireless Blvd., Hauppauge, NY 11788	(631) 853-7373	
Huntington Station		689 E. Jericho Tpke., Huntington Station, NY 11746	(631) 854-4400	
Riverhead		300 Center Drive, 2nd Floor, Riverhead, NY 11901	(631) 852-2680	

SUBSTANCE USE DISORDERS

Location	OUTPATIENT CLINICS	Address	Phone	Pop
Amityville	HOPE FOR YOUTH	201 Dixon Avenue Amityville, NY 11701	(631) 842-7900	
Amityville	SEAFIELD SERVICES	37 John Street Amityville, NY 11701	(631) 424-2900	Adult & Adolescent
Amityville	SOUTH OAKS	400 Sunrise Hwy. Amityville, NY 11701	(631) 608-5610	Adults
Amityville	SOUTH OAKS	400 Sunrise Hwy. Amityville, NY 11701	(631) 608-5028	Adolescent

Bay Shore	FAMILY SERVICE LEAGUE The Iovino South Shore Family Center	1444 Fifth Avenue Bay Shore, NY 11706	(631) 647-3100	Adult
Bellport	OUTREACH	11 Farber Dr. Bellport, NY 11713	631-286-0700	Adult & Adolescent
Brentwood	OUTREACH	452 Suffolk Ave, Brentwood, NY 11717	631-436-6065	Adult
Brentwood	OUTREACH Recovery Center at Pilgrim State	998 Crooked Hill Rd., Building 5 Brentwood, NY 11717	631-521-8400	Adult & Veteran
Brentwood	OUTREACH Family & Training Center	400 Crooked Hill Rd. Brentwood, NY 11717	631-286-0700	Adolescen t
Copiague	New Horizons Counseling Center	445 Oak Street Copiague, NY 11726	(631) 257-5173	Adult & Children
Commack	CATHOLIC CHARITIES	155 Indian Head Rd. Commack, NY 11725	631-543-6200	Adult & Adolescent
Coram	BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.)	6-7 Middle Country Rd., Coram, NY 11727	(631) 946-6060	
Coram	WELLLIFE NETWORK	3600 Route 112, Coram, NY 11727	(631) 920-8324	
Deer Park	BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.)	770 Grand Blvd. Suite 17, Deer Park, NY 11729	(631) 392-4357	
East Hampton	THE DUNES	201 Ford Pond Blvd, Ste 1, E Hampton, NY 11937	(631) 604-5405	
East Hampton	PHOENIX HOUSE of LI, Inc.	287 Springs Fireplace Rd, East Hampton, NY 11937	(631) 329-0373	
Farmingville	VICTORY RECOVERY PARTNERS	100 Granny Rd., Ste 1 Farmingville, NY 11738	(631) 696-4357	

Hampton Bays	CATHOLIC CHARITIES	31 Montauk Hwy East, Hampton Bays, NY 11946	(631) 723-3362	
Hampton Bays	LONG ISLAND CENTER FOR RECOVERY	320 West Montauk Highway, Hampton Bays, NY 11946	(631) 728-3100	
Hauppauge	THE KENNETH PETERS CENTER FOR RECOVERY	300 Motor Parkway, Suite 110, Hauppauge, NY 11788	(631) 273-2221	
Holtsville	YMCA FAMILY SERVICES	1150 Portion Rd, Holtsville, NY 11742	(631) 580-7777	
Huntington	SAMARITAN DAYTOP VILLAGE	2075 New York Ave, Huntington Sta., NY 11746	(631) 351-7112	
Huntington	HUNTINGTON DRUG AND ALCOHOL	423 Park Avenue, Huntington, NY 11743	(631) 271-3591	
Huntington	WELLLIFE NETWORK	55 Horizon Dr Huntington, NY 11743	(631) 920-8324	
Huntington	MOUNTAINSIDE CHAPPAQUA	141 E, Main St., Huntington, NY 11743	(860) 824-1397	
Mastic	FAMILY SERVICE LEAGUE	1235 Montauk Hwy. Mastic, NY 11950	(631) 924-3741	Adult
Medford	SEAFIELD SERVICES	3251 Route 112 Bldg 9, Ste. 2 Medford, NY 11763	(631) 451-6007	Adult & Adolescent
North Babylon	TOWN OF BABYLON Beacon Family Wellness Center	281 Phelps Lane, N. Babylon, NY 11703	(631) 422-7676	
Patchogue	SEAFIELD SERVICES	475 E Main St Ste 101 E. Patchogue, NY 11772	(631) 363-2001	Adult & Adolescent

Port Jefferson	JOHN T. MATHER MEMORIAL HOSPITAL Outpatient Chemical Dependency Clinic	100 Highlands Blvd, Ste 201, Pt Jefferson, NY 11777	(631) 331-8200	
Riverhead	STONY BROOK MEDICINE, QUANNACUT	905 E Main Street, Riverhead, NY 11901	(631) 369-8966	
Riverhead	FAMILY SERVICE LEAGUE	400 W. Main St. Riverhead, NY 11901	(631) 369-0104	
Riverhead	MARYHAVEN CENTER OF HOPE, INC.	127 West Main St., Riverhead, NY 11901	(631) 727-4044	
Riverhead	SEAFIELD SERVICES	212 & 230 W. Main St. Riverhead, NY 11901	(631) 369-7800	
Ronkonkoma	CENTER FOR ADDICTION RECOVERY AND EMPOWERMENT (C.A.R.E.)	2805 Veterans Memorial Hwy, Ronkonkoma, NY 11779	(631) 532-5234	
Ronkonkoma	COMMUNITY COUNSELING CENTER	3281 Veterans Memorial Hwy., Suite E-14, Ronkonkoma, NY 11779	(631) 471-3122	
Setauket	BEHAVIORAL ENHANCEMENT AND SUBSTANCE ABUSE TREATMENT (B.E.S.T.)	21 Technology Dr., E. Setauket, NY 11733	(631) 675-2400	
Shirley	LONG ISLAND COMMUNITY HOSPITAL	550 Montauk Hwy Shirley, NY 11967	(631) 852-1070	
Smithtown	WELLLIFE NETWORK	11 Route 111, Smithtown, NY 11787	(631) 920-8324	
Smithtown	TOWN OF SMITHTOWN HORIZONS COUNSELING AND EDUCATION CENTER	161 East Main St., Smithtown, NY 11787	(631) 360-7578	Adult & Adolescent
Wyandanch	WELLLIFE NETWORK	234 Long Island Ave, Wyandanch, NY 11798	(631) 920-8324	

ADDITIONAL CLINICAL TREATMENT, SUPPORT & REHABILITATION

MENTAL HEALTH, PERSONAL RECOVERY ORIENTED SERVICES (PROS):

Location	PROS PROGRAMS	Address	Phone	Pop
Copiague	FEDERATION OF ORGANIZATIONS RECOVERY CONCEPTS at COPIAGUE	1375 Akron St, Copiague, NY 11726	(631) 552-4240	Adult
Coram	WELLLIFE NETWORK PROS EAST	3600 Route 112, Coram, NY 11727	(631) 920-8500	
Huntington	FAMILY SERVICE LEAGUE Stepping Stones	790 Park Avenue, Huntington, NY 11743	(631) 427-4001	Adult Only
Oakdale	SKILLS UNLIMITED	405 Locust Avenue, Oakdale, NY 11769	(631) 567-1626	Adult
Patchogue	FEDERATION OF ORGANIZATIONS RECOVERY CONCEPTS at PATCHOGUE	456 Waverly Avenue, Patchogue, NY 11772	(631) 447-6460	
Riverhead	MARYHAVEN PROS EAST	127 West Main Street, Riverhead, NY 11901	(631) 727-4044	Adult
Riverhead	SYNERGY CENTER (MHAW)	1380 Roanoke Ave, Riverhead, NY 11901	(631) 369-0022	Adult
Ronkonkoma	POLLACK CENTER (MHAW)	939 Johnson Ave., Ronkonkoma, NY 11779	(631) 471-7242	
Smithtown	WELLLIFE NETWORK PROS NORTH	11 Route 111, Smithtown, NY 11787	(631) 920-8306	Adult
West Brentwood	PHOENIX HOUSE MENTAL HEALTH SERVICES PROS FIRST	998 Crooked Hill Rd., Bldg. 5, W. Brentwood, NY 11717	(631) 306-5732	
Yaphank	MARYHAVEN PROS WEST	445 County Road 101, Yaphank, NY 11980	(631) 924-5900	

PREVENTION, RECOVERY & COMMUNITY BASED SERVICES

MENTAL HEALTH

Location	PREVENTION, RECOVERY, & COMMUNITY BASED	Address	Phone	Pop
Amityville	ADOPTION & GUARDIANSHIP ASSISTANCE PROGRAM FOR EVERYONE (AGAPE)	21 Green Avenue, Amityville, NY 11701	(631) 598-1983	
Bay Shore	CHILDREN'S AND PARENTS TOGETHER (CAPT)	1444 Fifth Avenue, Bay Shore, NY 11706	(631) 647-3120	
Bay Shore	LEARN, ENRICH, ACHIEVE, DREAM (LEAD)	1444 Fifth Avenue, Bay Shore, NY 11706	(631) 650-0105	
Bay Shore	RECESS	1444 Fifth Avenue, Bay Shore, NY 11706	(631) 650-0105	
Hauppauge	ALTERNATIVES FOR YOUTH (AFY)	60 Plant Avenue Hauppauge, NY 11788	(631) 853-7889	
Islandia	VICTIMS INFORMATION BUREAU (VIBS)	185 Oval Drive Islandia, NY 11749	(631) 360-3730	
Middle Island	JUST KIDS	35 Longwood Road Middle Island, NY 11953	(631) 924-0008	0-5 y/o

SUBSTANCE USE DISORDERS

Location	PREVENTION, RECOVERY, & COMMUNITY BASED	Address	Phone	Pop
Amityville	HOPE FOR YOUTH	201 Dixon Avenue, Amityville, NY 11701	(631) 782-6523	
Bay Shore	LONG ISLAND PREVENTION RESOURCE CENTER - FSL	1444 Fifth Avenue, Bay Shore, NY 11706	(631) 650-0135	
Hauppauge	LONG ISLAND COUNCIL ON ALCOHOL AND DRUG DEPENDENCY (LICADD)	1324 Motor Parkway, Suite 102, Hauppauge, NY 11749	(631) 979-1700	
Hauppauge	SUFFOLK COUNTY DEPARTMENT OF HEALTH SERVICES, INC	725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788	(631) 853-8500	
Hauppauge	THRIVE RECOVERY COMMUNITY AND OUTREACH CENTER	1324 Motor Parkway, Suite 102, Hauppauge, NY 11749	(631) 822-3396	
Holtsville	YMCA FAMILY SERVICES	1150 Portion Rd, Holtsville, NY 11742	(631) 580-7777 x 111	
Huntington	HUNTINGTON DRUG AND ALCOHOL	423 Park Avenue, Huntington, NY 11743	(631) 271-3591	
Huntington	WELLLIFE NETWORK	55 Horizon Drive, Huntington, NY 11743	(631) 920-8000	
Mastic	FAMILY SERVICE LEAGUE	1235 Montauk Highway, Mastic, NY 11950	(631) 924-3741	
Medford	EASTERN SUFFOLK BOCES	1741D North Ocean Ave, Medford, NY 11763	(631) 289-0078	
Port Jefferson Station	SUNSHINE PREVENTION CENTER YOUTH & FAMILY SERVICES	468 Boyle Road, Port Jefferson Station, NY 11776	(631) 476-3099	
Riverhead	LONG ISLAND COUNCIL ON ALCOHOL AND DRUG DEPENDENCY (LICADD)	877 East Main Street, Suite 107, Riverhead, NY 11901	(631) 979-1700	
Riverhead	RIVERHEAD COMMUNITY AWARENESS PROGRAM, INC (CAP)	518 E. Main Street, Suite 106, Riverhead, NY 11901	(631) 727-3722	
Smithtown	TOWN OF SMITHTOWN HORIZONS COUNSELING AND EDUCATION CENTER	161 East Main Street, Smithtown, NY 11787	(631) 360-7578	
Stony Brook	CENTER FOR PREVENTION AND OUTREACH	Stony Brook University Student Union, Rm # 216, Stony Brook, NY 11790	(631) 632-6729	
West Islip	YOUTH ENRICHMENT SERVICES (YES)	555 Clayton Street, Central Islip, NY 11722	(631) 348-3513	
Westhampton Beach	HUMAN UNDERSTANDING & GROWTH SERVICES (HUGS), INC	108C Mill Road, Westhampton Beach, NY 11978	(631) 288-9505	

ADULT SINGLE POINT OF ACCESS (A-SPOA)

Location	ADULT SPOA (Single Point of Access)	Address	Phone	Fax
Hauppauge	SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES	725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788	(631) 853-6204	(631) 853-6451

Location	AOT (Assisted Outpatient Treatment)	Address	Phone	Fax
Hauppauge	SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES	725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016 , Hauppauge, NY 11788	(631) 853-6205	(631) 853-6451

CARE COORDINATION

Adult SPOA (Single Point of Access) coordinates referrals for care coordination to Health Home Care Management agencies and ACT Team providers. An individual receiving care coordination services can expect assistance with accessing services that support an improved quality of life. Care coordination can involve assistance with housing, outpatient treatment, vocational services, day programs and disability benefits. Additionally, the Adult SPOA unit provides referrals for care coordination services for those individuals without Medicaid coverage, and is available to offer assistance as you navigate the mental health system. Clients with Medicaid may also make a direct referral to a Health Home for care coordination services. All requests for clients without Medicaid are made through the Adult SPOA unit. For assistance or more information about the application process, please call 853-6204, or to access the ASPOA application online visit the website at: ***http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene***

ASSISTED OUTPATIENT TREATMENT (AOT)

As per Section 9.60 of Mental Hygiene Law (a/k/a "Kendra's Law"), AOT "provides for court- ordered outpatient treatment for certain people with diagnoses of mental illnesses who, in view of their treatment history and present circumstances, are unlikely to survive safety in the community without supervision." A person may be ordered to obtain Assisted Outpatient Treatment (AOT) if the court finds that he or she is:

- At least 18 years of age and suffers from mental illness; and
- Is unlikely to survive in the community without supervision, based on a clinical determination; and
- Has history of non-compliance with treatment for mental illness which has led to either 2 hospitalizations from mental illness in the preceding 3 years, or resulted in at least 1 act of violence toward self or others or threats of serious physical harm to self or others within the preceding 4 years; and
- Is unlikely to accept the treatment recommended in the treatment plan; and
- Is in need of AOT to avoid a relapse or deterioration that would likely result in serious harm to self or others; and
- Will likely benefit from AOT.

The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Suffolk County Division of Community Mental Hygiene Services AOT Unit. AOT recipients will receive Care Coordination services via a Care Coordination Agency or an Assertive Community Treatment (ACT) team.

ASSERTIVE COMMUNITY TREATMENT (ACT)

A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports.

All referrals for ACT services must be made through the Adult SPOA unit. For assistance or more information about the application process, please call 853-6204, or to access the ASPOA application online visit the website at: ***http://www.suffolkcountyny.gov/departments/healthservices/mentalhygiene***

Location	ACT (ASSERTIVE COMMUNITY TREATMENT)	Address	Phone	Fax
Central Islip	Family Service League (FSL) Central ACT	320 Carleton Ave., Suite 8800 Central Islip, NY 11722	(631) 663-4350	(631) 439-4067
Central Islip	FSL West ACT	320 Carleton Ave., 8th Floor Central Islip, NY 11722	(631) 647-2048	(631) 647-2057
Huntington	WELLLIFE Network West ACT	55 Horizon Dr. Huntington, NY 11743	(631) 920-8088	(631) 920-8166
Medford	Federation of Organizations East ACT	3390 Route 112 Medford, NY 11763	(631) 512-4092 x 4261	(631) 514-3572
Patchogue	Pilgrim Psychiatric Center (PPC) ACT	3 Grove Ave. Patchogue, NY 11772	(631) 475-7108	(631) 475-9601
Smithtown	WELLLIFE Network East ACT	11 Route 111 Smithtown, NY 11787	(631) 920-8351	(631) 920-8353
Riverhead	FSL East ACT	208 Roanoke Ave. Riverhead, NY 11901	(631) 284-2565	(631) 284-2541
West Babylon	Federation of Organizations West ACT	One Farmingdale Rd., Route 109 West Babylon, NY 11704	(631) 669-5355	(631) 669-1471

MENTAL HEALTH: MOBILE COMMUNITY-BASED SUPPORT TEAMS (Adult)

Concern for Independent Living **Mobile Residential Support Team (MRST)** 12 Renaissance Blvd Middle Island, NY 11953	(631) 947-2906 x 1670
Options for Community Living **Mobile Residential Support Team (MRST)** 600 Albany Avenue Amityville, NY 11701	(631) 361-9020 x 3171
Federation of Organizations **Residential Transitiional Support Team (RTS)**	(631) 299-2530 x 5111
NYS Office of Mental Health **Mobile Integration Teams (MIT)**	(631) 370-1701 Children & Adolescents (631) 924-4411 x 244 Adults

SINGLE POINT OF ACCESS (SPA) HOUSING UNIT

Phone: (631) 231-3562
Fax: (631) 231-4568

Single Point of Access (SPA) is committed to providing housing to Nassau and Suffolk county residents with serious behavioral health issues regardless of race, creed or color, in an effort to promote recovery through a strength based support system. The SPA strives to reduce stigma and provide opportunities for recovery and is responsive to individual recipient wishes and needs in an effort to reduce hospitalization and homelessness.

Supervised Community Residence - CR

These programs are supervised 24 hours per day. These residences typically house 8 – 15 individuals in one large house. Food is provided. Residents are offered all restorative services, generally with an emphasis on Daily Living Skills such as cooking, cleaning, personal hygiene, food shopping and money management. Medication is supervised as needed.

SRO Community Residence (CR-SRO)

This level offers individuals their own bedrooms usually in a large building with up to 50 residents. Staff supervision is present 24 hours per day. It is recommended that residents prepare their own meals. A meal plan may be available for purchase depending on location. Restorative services are available.

Apartment Treatment - ATP

These programs typically receive staff visits several times each week, depending on level of need. There are generally 2 – 3 residents per house or apartment. Residents are expected to have good daily living skills, and be able to hold their own medication. Food is not provided. Instead, residents receive an allowance, which is used to purchase food and cleaning supplies. Applicants should have some ability to manage their own medications.

Supported Housing - SHP

Supported Housing programs vary. Programs may offer shared apartments, houses for three individual adults, or families. Individuals residing in Supported Housing pay 30% of their monthly income toward their rent. The rest of their rent is subsidized. Residents of these programs live fairly independently, and may receive visits 1- 4 times monthly. Supported Housing is considered long term housing.

ADULT CRISIS RESPITE HOUSING

Concern for Independent Living Crisis Respite Beds	(631) 947-2900
Federation of Organizations Crisis Respite Beds	(631) 236-4299
Family Residences and Essential Enterprises (FREE) Hospital Diversion (HD) Program	(631) 676-3299

CHILDREN'S SINGLE POINT OF ACCESS (C-SPOA)

The Children's Single Point of Access system began in 2001 to simplify and coordinate the process of linking children with serious emotional disturbance and their families to the services that can assist in meeting their needs. The goal of SPOA is to identify children at highest risk of placement in out-of-home settings; develop appropriate strategies to manage those children in their home communities; and monitor and track progress through system. The Children's SPOA is characterized by a multi-disciplinary representation of agencies. Referrals may be made to SPOA for children, age five through 18 years (some to 21), with a major psychiatric diagnosis who meet the NYS OMH criteria for Serious Emotional Disturbance (SED).

Location	CHILDREN'S SPOA (Single Point of Access)	Address	Phone	Fax
Hauppauge	SUFFOLK COUNTY DIVISION OF COMMUNITY MENTAL HYGIENE SERVICES	725 Vets Memorial Hwy, William J. Lindsay Complex, Bldg. C016, Hauppauge, NY 11788	(631) 853-8513	(631) 853-8518

C-SPOA IN-HOME PROGRAMS

FAMILY CONNECT: Child and Family Support program designed to provide short-term crisis intervention, respite linkages, support, information, referral and advocacy to children and youth with or at risk of developing serious emotional and behavioral challenges and their families. Family Connect program seeks to bridge the gap between families in need and community resources. Mobile Crisis and ER/CPEP referrals are not appropriate and should continue to be referred to LINK.

YOUTH AND FAMILY INTEGRATION (Y-FI): A preventive in-home service program, Y-FI provides integrated mental health coordination, family support and youth peer advocacy for youth at risk of developing SED and their families. Working as a team, the program provides integrated care coordination and skill development as well as support, advocacy and education.

SERVICES, SUPPORTS, TRANSITIONS, ADVOCACY AND ACCESS FOR YOUTH (SSTAAY): The SSTAAY program enhances the ability of youth (ages 5-21) who have or are at risk of developing SED to maintain emotional and behavioral stability, strengthen their support systems, and avert the need for higher levels of care and/or out-of-home placement. Services and supports include advocacy, service linkage, skill building, service education, and crisis prevention.

CHILDREN'S CARE COORDINATION AND CHILDREN'S HEALTH HOME CARE MANAGEMENT: All develop service plans based on the specific needs and desires of the child and the family. Programs provide care coordination services, including service linkage, coordination and monitoring and crisis intervention to maximize each youth's potential for growth and emotional stability within their natural support system and maintain the youth in their home and community. Frequency of visits range from 2-4 times per month.

COORDINATED CHILDREN'S SERVICES INITIATIVE (CCSI)*:* The CCSI program targets children who are at risk for out of home placement. Worker provides weekly visits requiring parental commitment. Requires a parenting skills enhancement course; anger management courses are available for the child.

HIGH FIDELITY WRAPAROUND (HFW): HFW is a nationally recognized model that empowers youth and families to advocate for and manage their needs as well as strengthen social supports. Each family will work with a care coordinator, family support partner and youth support partner to identify and work toward agreed upon goals. The team will assist the youth and their family in navigating systems to obtain services to meet their needs.

MOBILE EARLY INTERVENTION PROGRAM (MEIP): Supports children/youth returning to their homes and communities sooner from Out-of-Home Placement, as well as potentially diverts Out-of-Home Placement for youth and their families through the provision of Mobile Early Intervention Services.

FAMILY PEER SUPPORT SERVICES: Family Peer Support Service (FPSS) programs enhance the capacity of families to care for their at-risk child, reducing the risk of hospitalization. The goal is to maintain the child in the home by providing a variety of supports and services to the family for the benefit of the child.

C-SPOA COMMUNITY-BASED RESIDENTIAL SERVICES

COMMUNITY RESIDENCES (CR): Community Residences are residential programs for eight children that include structured daily living activities, development of problem-solving skills, a behavior management system and caring adult relationships. Program staffing provides for 24-hour awake supervision.

RESIDENTIAL TREATMENT FACILITY (RTF): Residential Treatment Facilities provide fully integrated MH treatment and special education services under the direction of a psychiatrist, in a well-supervised residential setting. RTFs can serve youngsters between 5 and 21 years of age. Most youngsters are served for an extended stay between 6 months and 2 years. Access to an RTF is through the Preadmission Certification Committee (PACC) under the guidance of the Office of Mental Health (OMH).

PEER SUPPORT AND SELF-HELP SERVICES

PEER SUPPORT/ FAMILY SUPPORT

Association for Mental Health and Wellness (MHAW) (Recovery Center East)	(631) 369-0022 x 1901
Association for Mental Health and Wellness (MHAW) Peer Support Line	(631) 471-7242 x 1217
Association for Mental Health and Wellness (MHAW) Family Support Line	(631) 226-3900
Association for Mental Health and Wellness (MHAW) Long Island Peer Networking Meeting	(631) 471-7242 x 1341
Association for Mental Health and Wellness (MHAW) Healing Connections Peer Support Groups	(631) 471-7242 x 1390
Hands Across Long Island	(631) 234-1925
Federation of Organizations – *The Peer Outreach with Evening Recreation (POWER)* *The Respite Plus* *The Jr. Sr. Companion* *The Advocacy Program*	 (631) 447-6460 x 2114 (631) 447-6460 x 2188 (631) 447-6460 x 3130 (631) 447-6460 x 2203
Friendship Network	(516) 326-6111
Smithtown Youth Bureau	(631) 360-7595
Suffolk County Youth Bureau	(631) 853-8270
Long Island Gay and Lesbian Youth (LIGALY)	(631) 665-2300
Family Service League: Parent to Parent	(631) 853-2793

SUBSTANCE USE DISORDER PEER/FAMILY SUPPORT

Center of Treatment Innovation (COTI) Mobile Recovery- FSL	(631) 656-1020
Central Nassau Guidance Peer Engagement	*Referrals come from the ED
Easter Seals New York, Inc. Peer Engagement	(401) 368-2236
Family & Children's Association (Sherpa) Family Support Navigator	(516) 592-7385
Thomas' Hope Foundation, Inc. Family Support Navigator / Peer Engagement	(631) 333-0871
New Horizons Counseling Center Family Support Navigator	(516) 872-9698

SELF-HELP SUPPORT

Association for Mental Health and Wellness *Helpline* *PFC Joseph P. Dwyer Project (PTSD Peer- to-Peer Support)*	 (631) 471-7242 x 2 (631) 853-8345
Alcoholics Anonymous (AA)	(631) 654-1150
Al-Anon/Ala-teen	(888) 425-2666
Suffolk Office	(631) 669-2827
Brookhaven Hospice	(631) 758-3600
Children, Adults with ADD (CHADD)	(631) 626-6280
Co-Dependents Anonymous	(631) 277-7991
Emotions Anonymous	(651) 647-9712 – National Hotline
Good Shepard Hospice	(631) 465-6300

Hospice Care Network	(631) 666-6863
Living Hope for Mental Health	(631) 675-6831
Long Island Families Together (LIFT) Adoption Support Group	(631) 264-5438 x 103
Long Island Against Domestic Violence	(631) 666-8833
NAMI Huntington	(631) 385-0754
NAMI New York State	(800) 950-3228
Narcotics Anonymous of Suffolk	(631) 689-6262
Recovery International	(631) 724-5190
Suffolk YJCC Commack	(631) 462-9800
Sunshine Prevention Center	(631) 476-3099

12 STEP PROGRAMS

Alcoholics Anonymous (AA)	(631) 669-1124
Families Anonymous	(516) 221-0303
LI Gamblers Anonymous	(877) 533-4395 or (877) 442-4248
Narcotics Anonymous	(516) 827-9500
Al-Anon	(631) 669-2827
Co-Dependents Anonymous	(631) 271-1445
Gam-Anon 24-hr Hotline	(718) 352-1671
Overeaters Anonymous	(505) 891-2664 – National Hotline

ANGER MANAGEMENT

Long Island Center for Alcoholism and Drug Dependence (LICADD)	(516) 747-2606
The Life Center	(631) 673-5433
Bellport Hagerman East Patchogue Alliance	(631) 286-9236
Babylon Consultation Center	(631) 587-4622
Family Service League	(631) 647-3100
Islip Youth & Family Counseling	(631) 231-4333
Education & Assistance Corporation	(516) 489-7929
Parent Resource Center	(631) 360-7517
Sunrise Counseling Center	(631) 666-1615
Sunshine Prevention Center	(631) 476-3099
Batterers Intervention Program through VIBS (HALT)	(631) 360-2270

PERINATAL MOOD & ANXIETY DISORDER SERVICES

Postpartum Resource Center of New York	(631) 422-2255
Suffolk Perinatal Coalition, Inc.	(631) 475-5400
Postpartum Support International	(800) 944-4773
An Angel's Embrace: Pregnancy and Postpartum Depression	(516) 697-1682
Long Island Doula Association (LIDA)	(631) 574-2205
Mothers' Circle of Hope *St. Catherine of Siena, Smithtown* *Good Samaritan Hospital*	 (631) 862-3330 (631) 376-4444
Maternal Wellness Pregnancy & Postpartum Depression	(631) 265-3133

YOUTH CENTERS

Babylon Youth Bureau	(631) 422-7660
Brookhaven Youth Bureau	(631) 451-8011
Huntington Youth Bureau	(631) 351-3061
Islip Youth Bureau	(631) 224-5320
Smithtown Youth Bureau	(631) 360-7595

DROP-IN CENTERS

Federation of Organizations – West Babylon	(631) 669-5355 x 2122
Federation of Organizations – Patchogue	(631) 447-6460
Hands Across Long Island (H.A.L.I)	(631) 234-1925
Long Island Gay and Lesbian Youth (LIGALY)	(631) 665-7874
WELLLIFE Network – Huntington	(631) 920-8000

ADDITIONAL RESOURCES

ADVOCACY

Families in Support of Treatment (F.I.S.T)	(516) 316-6387
Hands Across Long Island (H.A.L.I)	(631) 234-1925
Islip/Babylon Consumer Council	(631) 587-1886
Long Island Advocacy Center (LIAC)	(631) 234-0467
Long Island Families Together Inc.	(631) 264-5438
P.O.W.E.R. Program (Federation of Organizations)	(631) 447-6460
Suffolk County Office for the Aging Hauppauge Riverhead	 (631) 853-8200 (631) 852-1420
Suffolk Independent Living Organization (SILO)	(631) 880-7929
United Way	(631) 940-3700

DISASTER RESOURCES

Disaster Distress Hotline	(800) 985-5990
The Crisis Response Service	(631) 289-2200

LEGAL SERVICES

The NYS Justice Center	1 (855) 373-2122 - Hotline
Legal Aid Society of Suffolk County – Central Islip *District Court* *Family Court* *Children's Law Bureau* *Riverhead Office*	 (631) 853-5212 (631) 853-4343 (631) 439-2450/2453 (631) 852-1650/1655
Mental Hygiene Legal Service Courthouse Corporate Center	 (631) 208-5319
Nassau/Suffolk Law Services Islandia Riverhead	 (631) 232-2400 (631) 369-1112
Suffolk County Bar Association	(631) 234-5511
Supreme Court Building	(516) 493-3963

REPRESENTATIVE PAYEE SERVICES

Adelente	(631) 234-1049 x 227 or 315
Federation of Organizations	(631) 321-9556 x 1

VOCATIONALLY ORIENTED PROGRAMS

ACCES-VR	(631) 952-6357
Family Wellness Center	(631) 273-1300
Federation of Organizations	(631) 669-5355
Hands Across Long Island (H.A.L.I)	(631) 234-1925
Maryhaven Center of Hope – Port Jefferson	(631) 474-4120
Maryhaven Center of Hope – Yaphank	(631) 924-5900
MHAW Careers in Recovery & Wellness Training	(631) 471-7242 x 1323
Skills Unlimited Inc.	(631) 567-3320
South Oaks Hospital Career & Education Counseling Program	(631) 608-5052
Suffolk County Department of Labor Youth Career Center	(631) 853-6526

FREE/LOW COST MEDICATION

Bureau of Prescription Health	(573) 996-7300

The Medicine Program assists patients who cannot afford to pay for prescription medication. This program is used when a consumer is unable to pay for medications, pending Medicaid approval.

There are also some pharmaceutical companies that offer free medications to low-income families. They require a doctor's consent and proof of your financial status. Depending on what your insurance covers, you may be able to apply. A few companies allow family incomes as high as

$40,000 annually (offset by expenses).

For a listing of current pharmaceutical companies and the medications they offer visit www.nami.org

LITERATURE ON MENTAL ILLNESS OR SUBSTANCE USE DISORDERS

National Institute of Mental Health (NIMH)	(866) 615-6464
Substance Abuse and Mental Health Services Administration (SAMHSA)	1 (800) 662-HELP

PROFESSIONAL ASSOCIATIONS

NYS Psychological Association – for PhD/Testing/Treatment	(800) 445-0899 (518) 437-1050
NYS National Association of Social Workers (NASW)	(800) 724-6279
Suffolk County Medical Society	(631) 851-1400
Mental Health America	(800) 969-6642

LOS RECURSOS PARA LOS QUE HABLAN ESPANOL

Adelante of Suffolk County – Brentwood	(631) 434-3481
BEST	(631) 392-4357
Catholic Charities – Bay Shore	(631) 665-6707
Hispanic Counseling Center	(631) 328-4959
Huntington Drug and Alcohol	(631) 271-3591
National Association of Puerto Rican Hispanic Social Workers	(631) 864-1536
Parientes Clinic	(631) 665-0229
Pilgrim Psychiatric Center	(631) 761-3500
South Shore Counseling	(631) 665-6244

GLOSSARY OF TERMS

Adolescent Treatment	The Agency provides specialized services for adolescents.
Ancillary Withdrawal	**Ancillary Withdrawal** services are the medical management of mild or moderate symptoms of withdrawal within an OASAS certified inpatient/outpatient clinic setting who have protocol for providing ancillary withdrawal services approved by the OASAS Medical Director.
Assertive Community Treatment (ACT)	A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement. The target population is those whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports. All referrals for ACT Team services must be made through the Adult SPOA Unit.
Assessment-	The process of gathering a client's personal and family history and any other data necessary for determining client's treatment needs.
Assisted Outpatient Treatment (AOT)	The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Suffolk County Division of Community Mental Hygiene Services AOT Unit. Client's referred and eligible for AOT will receive Care Coordination services with Care Coordination Agencies, Suffolk County Management (ICM) or Assertive Community Treatment (ACT) services. All referrals for Care Coordination, ACT or AOT must be on the Adult SPOA application
Bilingual Services	Treatments services offered in dual language other than English.
CASAC	**Credentialed Alcoholism and Substance Abuse Counselor** Credentials are issued by The New York State Office of Alcohol & Substance Abuse Services and are intended for individuals who provide **COUNSELING** services, for individuals with a substance use disorder.
Case Management	**Case management** is the coordination of community services for mental health patients by allocating a professional to be responsible for the assessment of need and implementation of care plans. It is usually most appropriate for people who, as a result of a serious mental illness, have ongoing support needs in areas such as housing, employment, social relationships, and community participation. In particular, service users with a major psychotic disorder are most often suited to receiving services within this model.
Codependent	**Codependent** is a common condition in people raised in dysfunctional families, and in the partners and children of alcoholics and addicts. It is characterized by living through or for another, attempts to control others, blaming others, a sense of victimization, attempts to "fix" others, and intense anxiety around intimacy.
CPP/CPS	**Credentialed Prevention Professional and Credentialed Prevention Specialists** Credentials issued by The New York State Office of Alcohol & Substance Abuse Services which are intended for individuals who provide alcohol and substance use **PREVENTION** services in approved work and community settings.
Criminal Justice Group	Specialized group treatment for those involved in the criminal justice system.
Crisis Intervention	**Chemical dependence crisis services** manage the treatment of alcohol and/or substance withdrawal, as well as acute disorders associated with alcohol and/or substance use, resulting in a referral to continued care. These services are often provided early in a person's course of recovery and are relatively short in duration, typically in the three to five day range. Crisis services include: medically managed detoxification; medically supervised withdrawal in either an impatient/residential or outpatient setting; and medically monitored withdrawal.

Day Treatment	**Day Treatment** a level of care that provides a community based, coordinated set of individualized treatment services to individuals with psychiatric disorders who are not able to function full-time in a normal school, work, and/or home environment and need the additional structured activities of this level of care. While less intensive than hospital based day treatment, this service includes diagnostic, medical, psychiatric, psychosocial, and adjunctive treatment modalities in a structured setting.
Detoxification (Medically Managed)	This service addresses the needs of patients who are acutely ill from alcohol-related and/or substance-related addictions or dependence, including the need for medical management of persons with severe withdrawal or risk of severe withdrawal symptoms, and may include individuals with or at risk of an acute physical or psychiatric co-morbid condition. This level of crisis service is the only one capable of accommodating individuals who are incapacitated and require an involuntary, emergency admission
Domestic Violence	Specialized group treatment for victims of domestic violence
DWI	In every state, it is a crime for a driver to operate a vehicle while impaired by the effects of alcohol or drugs. The specific offense may be called driving under the influence (**DUI**), driving while intoxicated (**DWI**), operating under the influence **(OUI),** and even operating a motor vehicle intoxicated **(OMVI).**
Family Therapy	Treatment for substance use disorders that involves all members of the nuclear or extended family.
Gambling Treatment	These services assist individuals who are affected by problem and pathological gambling, including family members and/or significant others. These services may be provided in free-standing settings or may be co-located in chemical dependency outpatient clinics or other mental health settings.
Inpatient Rehabilitation	**Chemical dependence inpatient rehabilitation** services provide intensive management of chemical dependence symptoms and medical management/monitoring of physical or mental complications from chemical dependence to clients who cannot be effectively served as outpatients and who are not in need of medical detoxification or acute care. These services can be provided in a hospital or free-standing facility. Lengths of stay are primarily in the 20-40 day range.
Inpatient Services – Mental Health	Hospitalization may be needed to allow for a period during which the individual can be closely monitored to provide accurate diagnosis, to help adjust or stabilize medications, or during an acute episode where a person's mental illness temporarily worsens. There are times when a person becomes so ill that they are at risk of hurting themselves or others and hospitalization becomes necessary even though the individual does not wish to enter a hospital. While seeking help voluntarily is always preferable, if that is at all possible, the decision to hospitalize involuntarily can be more caring than it seems if that is the only way your family member or friend can get the care they need, especially if there is a risk of suicide or harm to others. Article 9 of the Mental Hygiene Law (1978) discusses hospitalization persons with a mental illness. Under the law there are three major classifications of admission. 1) Voluntary Admission - Any person 18 years of age or over in need of care or treatment may voluntarily sign himself/herself into a hospital if the admitting physician agrees that hospitalization is required. 2) Involuntary Admission - Any person 18 years of age or over may be admitted involuntarily upon the certification of two examining physicians or by a physician serving as a commissioner's designee with the concurrence of the hospital staff physician. 3) Emergency Admission (9.39) - Any psychiatric hospital or general hospital with a psychiatric unit which has facilities for emergency admission and is certified by the State Office of Mental Health for this purpose may admit a patient for immediate observation, care and treatment if the person's behavior is likely to result in serious harm to oneself or others.

Intensive Outpatient Services	**Intensive Outpatient Services** are an intermediate level of care to treat mental health and/or substance use disorders. Individuals are seen as a group 2 to 5 times a week (depending on the structure of the program) for 2 to 3 hours at a time. The clinical work is primarily done in a group setting, with individual sessions scheduled periodically generally outside group hours.
LCSW	**Licensed Clinical Social worker:** has a graduate academic degree, has had supervised clinical work experience, and has passed a national- or state-certified licensing exam. This advanced professional can receive health-care Private Insurance reimbursements.
LMFT	**Licensed Marriage and Family Therapist** has a graduate academic degree, clinical work experience, and has passed state-certified licensing exams. Along with a two- to three-year master's programs with a practicum and internship, LMFTs are required to complete clinical training in individual or family therapy. Some states require completion of 3000 hours of service.
LMHC	**Licensed Mental Health Counselor** has advanced training, a graduate academic degree, clinical work experience, and has completed a state-certified licensing examination. Counselors often treat people dealing with substance use disorders or eating disorders. Some specialize in marriage, family, or child counseling.
LMSW	**Licensed Master Social Worker**: A non-clinical social work license, but is permitted to engage in private/independent practice. LMSW-CC is permitted to perform clinical social work but only under the direct consultation of a LCSW/CSW-IP. Also, a LMSW-CC cannot engage in private/independent practice.
MD	**Doctor of Medicine** is the most common degree held by physicians and surgeons. Most MDs who work in mental health are psychiatrists. After completing medical school, they receive an additional four years of clinical training in mental health specialties. Psychiatrists treat emotional and mental disorders and are licensed to prescribe medication. These professionals may treat psychiatric disorders with therapy in conjunction with psychotropic medications.
Medically Monitored Withdrawal Service	**Medically monitored** withdrawal services (crisis centers) provide monitoring of mild withdrawal symptoms and uncomplicated withdrawal. The crisis centers also provide services for those in situational crises at risk for relapse
Medically Supervised Withdrawal Service	**Medically supervised** withdrawal services provide treatment to individuals with moderate withdrawal symptoms and non-acute physical or psychiatric complications coupled with situational crisis, or who are unable to abstain with an absence of past withdrawal complications. Medically supervised outpatient withdrawal and stabilization services are appropriate for persons with above symptoms and have a stable environment.
Medication Assisted Treatment	**Medication Assisted Treatment** means treatment of substance use disorders and concomitant conditions with medications requiring a prescription or order from an authorized prescribing professional. This may also be referred to as Medication Supported Recovery.
Medication Management	**Medication Management** is a level of outpatient services where the sole service provided by the qualified physician is the evaluation of the client's need for psychotropic medications, provision of prescription, and ongoing medical monitoring of those medications.
Methadone Services	**METHADONE TREATMENT** is a medical service designed to manage heroin addiction. Methadone treatment programs (MTPs) administer methadone by prescription, in conjunction with a variety of other rehabilitative assistance, to control the physical problems associated with heroin dependence and to provide the opportunity for patients to make major life-style changes over time. Methadone treatment is delivered primarily on an ambulatory basis, with most programs located in either a community or hospital setting. Some specialized programs deliver services in a residential setting, while a few programs deliver services in a prison setting.
Mobile Integration Team (MIT)	Services offered: Psychiatric Rehabilitation & Recovery; Family & Caregiver support and Skill Building; Health Teaching; Community Linkage; Crisis Intervention; Outreach and Engagement; Physical Health Care; In-Home Respite; In-school Support; Brief Therapeutic Support

Outpatient Services	Chemical dependence outpatient services assist individuals who suffer from a substance use disorder and their family members and/or significant others. Outpatient services may be delivered at different levels of intensity responsive to the severity of the problems presented by the client. These services may be provided in a free-standing setting, or may be co-located in a variety of other health and human service settings. Sponsorship may be voluntary, proprietary or county operated. There are three chemical dependence outpatient service categories: medically supervised outpatient services, outpatient rehabilitation services; and non-medically supervised outpatient services. The length of stay and the intensity of services as measured by frequency and duration of visits vary from one category of outpatient services to another and intensity will vary during the course of treatment within a specific category. In general, persons are engaged in outpatient treatment up to a year and visits are more frequent earlier in the treatment process becoming less frequent as treatment progresses.
Par-Other Group	A special treatment group for parents who are experiencing the negative effects of living with an adolescent, young adult or adult child, who is using substances and refusing treatment.
Prevention Counseling	**Prevention counseling** is a short term, problem resolution focused service that concentrates on resolving identified problems and/or assessing and improving the level of youth and family risk and protective factors that are predictive of substance use disorders and/or problem gambling. It includes screening and referral for individuals who are abusing substances or may be developing gambling problems and require referral to appropriate treatment services. It does not include treatment for mental illnesses or addictions.
Prevention Education	**Prevention Education** uses activities and educational presentations to: teach family and youth the consequences of substance use; improve attitudes regarding substance use and other problem behavior, and teach drug refusal and other social skills.
Prevention Services	The NYS Office of Alcoholism and Substance Abuse Services defines prevention as a pro-active, evidenced-based process utilizing effective programs and strategies to prevent or reduce substance use and problem gambling in individuals, families, and communities.
Personalized Recovery Oriented Services (PROS)	PROS is a comprehensive recovery program for individuals diagnosed with severe and persistent mental illness. The goal of the program is to integrate treatment, support and rehabilitation in order to promote an individual's goals, abilities interests so that individuals will be prepared to live independently in the community. Services include vocational support. PROS agencies listed below have on-site clinical services.
Psychiatric Evaluation	The assessment of a person's mental, social, psychological functionality.
Psychologist	A person trained in the science of human behavior and personality. Licensure as a psychologist in New York State requires a doctoral degree (Ph.D., Psy.D., or Ed.D.), at least two years of supervised experience, and the completion of a state licensing examination. Only licensed psychologists or non-licensed psychologists working in "exempt settings" (schools, government agencies) can use the term "psychologist" or "psychological" in describing their practice. Psychologists help the health and well-being of individuals. They are doctorally trained professionals who conduct research, perform testing, evaluate and treat a full range of emotional and psychological challenges. They admit, diagnose, and coordinate the care of individuals in both outpatient and hospital settings. Psychologists conduct individual and group therapy with adults, adolescents, and children.
Relapse Prevention group-	A specialized group focused on teaching a set of skills designed to reduce the likelihood that symptoms will worsen or that a person will return to an unhealthy behavior, such as substance use. Skills include, for example, identifying early warning signs that symptoms may be worsening, or recognizing high risk situations for relapse.
Residential Services	Chemical dependence residential services assist individuals who suffer from chemical dependence, who are unable to maintain abstinence or participate in treatment without the structure of a 24-hour/day, 7 day/week residential setting and who are not in need of acute hospital or psychiatric care or chemical dependence inpatient services. There are three levels of intensity of procedures offered by this service: intensive residential treatment and rehabilitation, community residential services, and supportive living services. Length of stay ranges from an average of four months in a community residential service to up to two years in the other

	residential service categories.
RN	Many **Registered Nurses** are eligible to be licensed as therapists. They provide a range of primary mental health care services to individuals, families, and groups.
Sliding Scale	**Sliding scale fees** are variable costs for services based on one's ability to pay. Such fees are thereby reduced for those who have lower incomes or less money to spare after their personal expenses, regardless of income.
Suboxone® Treatment	**Suboxone®** is a drug primarily used to treat addiction to opiates such as morphine, heroin and codeine. It is administered as a film or tablets that are dissolved under the tongue.
Treatment Planning	**Treatment planning** refers to the development of a written document that outlines the progression of treatment. The client should always be involved in developing the treatment plan, although this is generally accomplished through informal discussion of the situation. Many therapists present a written copy of the treatment plan to the client.
Vocational Services	**Vocational services** are a set of services offered to individuals with mental or physical disabilities. These services are designed to enable participants to attain skills, resources, attitudes, and expectations needed to compete in the interview process, get a job, and keep a job. Services offered may also help an individual retrain for employment after an injury or mental disorder has disrupted previous employment.
Women's group	Specialized group treatment for women with substance use disorders.

A copy of this Directory can be found on the Suffolk County Division of Community Mental Hygiene Services Website, using the below link:

https://www.suffolkcountyny.gov/Portals/0/FormsDocs/Health/MentalHygiene/REVISED%20AUG%202019%20Directory%20of%20Behavioral%20Health%20Services_8.23.2019.pdf